

Volume 28, No. 2, February 1996

CAROLINA COUNTRY

Official publication of Carolina Electric Cooperatives



**Electric cooperatives
help bring jobs
to North Carolina**



CC 44 000000196
N Carolina Collection
Wilson Library
CB 3930 UNC-CH
Chapel Hill, NC 27599

WHY?

HAVEN'T YOU CALLED FOR YOUR FREE 8 PAGE COLOR BROCHURE

3 year old windbreak



Instant Windbreak
is what they call
AUSTREES!!!

**CAN
GROW
UP TO
15
FEET
A
YEAR!**

USE AUSTREES FOR:

- ★ Privacy Screens
- ★ Dust and Noise Barriers
- ★ Shade Trees
- ★ Hedges and Windbreaks
- ★ Wildlife Habitat
- ★ Erosion Control
- ★ General Landscaping

"We are thrilled. We planted them on April 15th, had a blizzard on April 26th with temps in the teens, and were afraid that was the end of them. It's now Sept. and they're 10 feet tall!" • Mrs. Norris B., Prairie City, SO
 "I'd heard of the amazing growth of the Austrees, so when I planted my trees, I staked them and recorded their daily growth; an amazing 7/8" to 1" a day!" • Terry H., McKinney, TX
 "When I purchased your Austrees in June, I was somewhat skeptical. Not any more. After only four months, they are over 10 feet tall!" • Allen B., Clinton, MT
 "We live in the foothills and have been buying trees from the Forest Service since 1991. No longer! Our 5 month old Austrees have outgrown our pine trees planted 4 years ago!" • Susan C., Loveland, CO
 "My 6 foot trees are over 20 feet in one year! I think they will outgrow their own shadow... unbelievable!!!" • Sweetwater Thoroughbreds, Bainbridge Island, WA
 "Usually, if something seems too good to be true, it is. Austrees are not. In just 5 months my six foot trees have doubled in size. I am amazed!!" • Leo S., Warner Robbins, GA
 "We bought 60 trees for a dust barrier along our dirt road. People keep stopping by to watch them grow. They are truly remarkable." • Pamela W., Bend, OR
 "The Austrees provide literally 'instant privacy'. After 6 months of growth we couldn't see our neighbors at all. We love the trees." • Mac T., Osage City, KS

4 year old privacy screen



2 year old shade tree



Supplies Are Limited • Trees Available
On A First Come First Served Basis
1-800-293-5230

ONLY AVAILABLE FROM

Rocky Mountain Austree, Inc.

P.O. Box 9307 • Colorado Springs, CO • 80932

Over 2 Million Thriving In Every US State And Canada • Very Hardy And Disease Resistant

CAROLINA COUNTRY

(ISSN 0008-6746)

Read monthly in more
than 350,000 homes

Volume 28, No. 2, February 1996



Official Publication
Carolina Electric Cooperatives

Carolina Electric Cooperatives is the network of electric cooperative organizations that provides reliable, safe and affordable electric service to 650,000 homes, farms and businesses in North Carolina. At the heart of Carolina Electric Cooperatives are the state's 28 electric cooperatives, each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

Manager, Corporate Communications
Jay Johnson

Editor
Michael E.C. Gery

Special Projects Editor
Owen Bishop

Business/Advertising Coordinator
Monica Russell

Graphic Designer/Artist
Katherine Fowler

Staff Writer
Kim Whorton

Advertising Sales
Jennifer Boedart Hoey



Member
Audit Bureau of Circulations

Carolina Country® is published by the North Carolina Association of Electric Cooperatives, Inc., the trade organization of Carolina Electric Cooperatives. Second class postage paid at Raleigh, N.C., and additional mailing offices. Editorial offices: P.O. Box 27306, Raleigh, N.C. 27611. Phone: (800) 662-8835, ext. 310. Carolina Country is a registered trademark of the North Carolina Association of Electric Cooperatives, Inc.

Postmaster: Send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611.

Individual subscriptions, \$6 per year.

To change address, send magazine mailing label. Address mail to Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.

 Printed on recycled paper

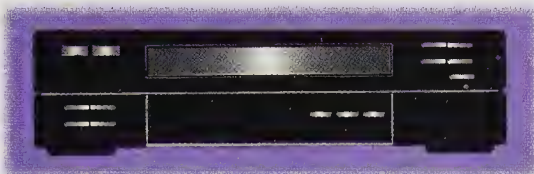


Advertising published in Carolina Country is accepted on the premise that the merchandise and services offered are accurately described and willingly sold to customers at the advertised price. The magazine, North Carolina Association of Electric Cooperatives, Inc., and the member cooperatives do not necessarily endorse the products or services advertised. Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted. Should you encounter advertising that does not comply with these standards, please inform Carolina Country at P.O. Box 27306, Raleigh, NC 27611. (919) 713-1310.

Volume 28, No. 2, February 1996

CAROLINA COUNTRY

FEATURES

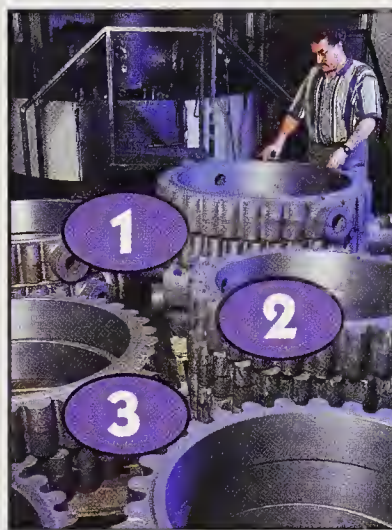


How to Clean Your VCR 12

You can prolong the life of your video-cassette recorder by cleaning it once in a while. Harrold Black tells you what's underneath the cover and how to clean it.

Joe's Jaws 16

Joe Ponder of Iredell County has extraordinary jaws. With his teeth he can pull a tractor trailer, bend a steel bar and lift a mule. Why?



On the Cover

Electric cooperatives actively help businesses and institutions to settle and grow in North Carolina (see pages 8-9). The cover backdrop shows Mueller Steam Specialty, St. Pauls, served by Lumbee River Electric Membership Corporation (EMC). Also pictured are:

1. Washington Street Elementary School, Rockingham, served by Pee Dee EMC.
2. Davidson Community College, Lexington, served by Davidson EMC.
3. W.E. Harris Lighting, Inc., Monroe, served by Union EMC.

Homemade Butter

Regina Hill remembers those big country breakfasts when her Grandpa would eat six or eight biscuits slathered with her Granny's homemade butter. Here, she tells how to make that butter, and she advises using an electric churn.



DEPARTMENTS

Letters and Comments 6

Carolina Country is now available on audio tape cassette for the visually-impaired and physically handicapped. Also, do you know where R.E. Brinson can get mould boards for a Stonewall siding plow? Or where Mrs. Sigman can get a pink goat's beard?

Here, There & Everywhere 24

The February calendar.

Joyner's Corner 27

Dial M for Madison?

Making Cents of Your Electric Bill 28

James Dulley explains electric induction cooktops and ranges.

Books 30

New books with North Carolina hooks.

Hank's Gardening Guide 32

While waiting for winter to wane...

Classified Ads 33

Marketplace 34-35

A monthly showcase of goods and services.

Journal 37

More comforting words for the bereaved.

Country Kitchen 38

Delicious Crabcakes.

You can afford your own pool!

At Neptune Pools, we believe a quality pool should be within everyone's budget!



Plus, when you buy your dream pool, you'll also receive a FREE winter cover and starter chemicals. So, call today for a free yard survey and information on all our pools and decks. And leave your summer vacation planning to us!

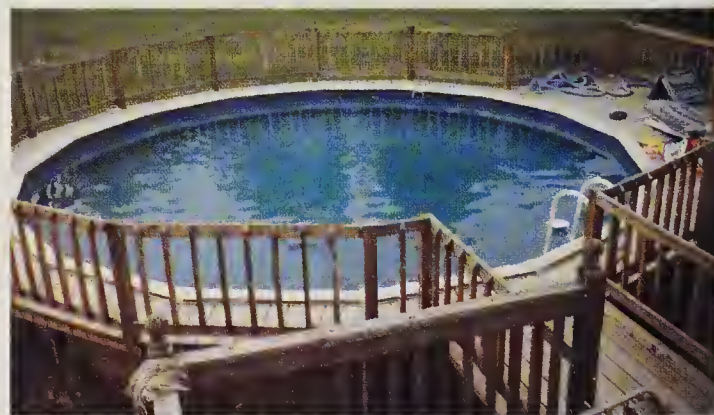


- Financing available
- Full installation and service department
- Standard and custom decks

Call 1-800-323-7946

Hours: Monday - Saturday 9am - 9pm

NEPTUNE POOLS, Inc.

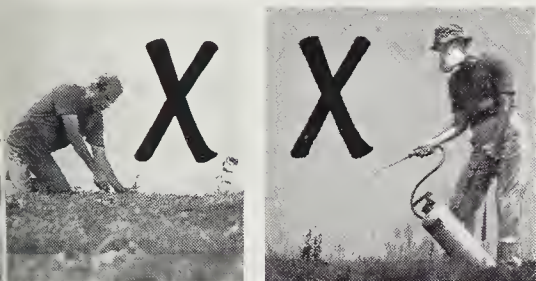


Serving the Southeast with quality pools for over a decade!

**15'x25' oval*



watering chores, water bills! Sweating behind a roaring mower! Spraying poison chemicals and digging weeds...



...you can end such lawn drudgery—here's how!



Amazoy is the Trade Mark registered U.S. Patent Office for our Meyer Z-52 Zoysia Grass.

Grass seed will never grow a lawn like this! It rewards you with weed-free beauty all summer long.

7 Ways Your Zoysia Grass Lawn Saves You Time, Work, and Money!

1 CUTS WATER BILLS AND MOWING AS MUCH AS 2/3

Could you believe a lawn could be perfect when watered just once? In Iowa, the state's biggest Lawn's Garden club picked a zoysia lawn as "top lawn—nearly perfect." Yet, this lawn had been watered only once all summer to August!

In PA, Mrs. M.R. Mitter wrote "I've never watered it, only when I put the plugs in . . . Last summer we had it mowed 2 times . . . When everybody's lawns here are brown from drought, ours is as green as ever." *That's how zoysia lawns cut water bills and mowing! Now read on!*

2 ENDS RE-SEEDING NEVER NEEDS REPLACEMENT

Plug in our zoysia grass and you'll never have to spend money on grass seed again! Since you won't be buying seeds, you won't need to dig and then hope the seeds take root before birds eat them or the next hard rain washes them away.

3 NO NEED TO DIG UP OLD GRASS

Plant Amazoy in old lawn, new ground, anywhere. Set plugs into holes in the soil 1 foot apart, checkerboard style. Plugs spread to drive out old, unwanted growth, weeds included. Easy instructions with your order. If you can put a plug into a bottle, you can plug in Amazoy.

4 FOR SLOPES, PLAY AREAS, AND BARE SPOTS

Can't beat Amazoy as the low cost answer to hard-to-cover spots, play-worn areas, or to erosion on slopes.

Endless Supply of Plug Transplants

Transplant plugs from established Amazoy as you desire—plugged area grows over to provide the plugs you'll ever need.

FREE! Exclusive Step-on Plugger with orders of 600 plugs or more.

Planting your lawn is easy with this sturdy, 2-way plugger. Cuts away unwanted growth as it digs for plugs. Saves bending, time, work. A valuable transplant tool.

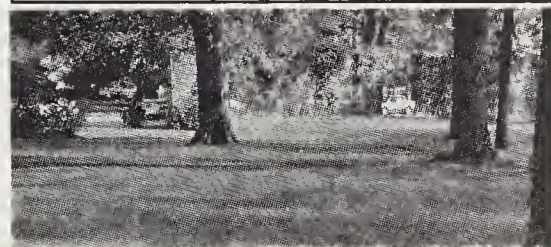
5 IT STAYS GREEN IN SPITE OF HEAT AND DROUGHT

"The hotter it gets, the better it grows!" Plug-in zoysia thrives in blistering heat, yet it won't winter kill to 30° below zero. It just goes off its green color after killing frosts, begins regaining its green color as temps. in the spring are consistently warm. Of course, this varies with climate.

6 NO NEED TO SPEND MONEY ON DANGEROUS CHEMICALS

Since zoysia lawns resist insects AND diseases, you avoid the risk of exposing your family or pets to weedkillers and pesticide poisons. Plug in Amazoy and save the money, avoid the risks!

Meyer Z-52 Zoysia Grass was perfected by U.S. Govt., released in cooperation with U.S. Golf Association as a superior grass.



Thrives from part shade to full sun.

Every Plug GUARANTEED TO GROW IN YOUR SOIL No Ifs, Ands Or Buts!

Read a guarantee no grass seed can match!

Won't Winter Kill. Amazoy has survived temperatures to 30° below zero!

Won't Heat Kill. When other grasses burn out in summer drought and heat, Amazoy remains luxuriously green.

Any plug failing to grow in 45 days will be replaced FREE! To insure maximum freshness and viability, plugs are shipped not cut all the way through. Before planting, finish the separation with shears or knife. Our guarantee and planting method are your assurance of lawn success backed by more than four decades of specialized lawn experience!

We ship all orders the same day plugs are packed at earliest correct planting time in your area.

NOT SHIPPED OUTSIDE USA, or into WA or OR.

7 CHOKES OUT CRABGRASS AND WEEDS ALL SUMMER

Your established Amazoy lawn grows so thick, it simply stops crabgrass and summer weeds from germinating!

ORDER NOW! AND GET UP TO 700 PLUGS FREE!

TO: Zoysia Farm Nurseries, Dept. 373
General Offices and Store
3617 Old Taneytown Road
Taneytown, MD 21787

<input type="checkbox"/> 50 PLUGS \$5⁹⁵ + \$3.15 S&H	<input type="checkbox"/> 100 PLUGS + 10 FREE \$8⁹⁵ + \$3.50 S&H	<input type="checkbox"/> 100 PLUGS + 20 FREE with Plugger \$12⁹⁵ + \$3.85 S&H	<input type="checkbox"/> 300 PLUGS + 30 FREE with Plugger \$19⁹⁵ + \$4.60 S&H
<input type="checkbox"/> 600 PLUGS + 60 FREE with FREE Plugger ONLY \$27⁹⁵ + \$8.25 S&H	<input type="checkbox"/> 1,000 PLUGS + 350 FREE with FREE Plugger ONLY \$45⁹⁵ + \$11.90 S&H	SPECIAL OFFER! <input type="checkbox"/> 2,000 PLUGS + 700 FREE with FREE Plugger ONLY \$74⁹⁵ + \$18.65 S&H	
<input type="checkbox"/> Additional Plugger \$6⁹⁵			

Please send me guaranteed Amazoy as checked:

Write price of order here \$ _____

MD residents add 5% tax \$ _____

Shipping & handling (S&H) \$ _____

TOTAL \$ _____

I enclose \$ _____ ☐ Check ☐ MO

Charge credit card ☐ MasterCard ☐ VISA

Acct. # _____

Expiration Date _____

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

Letters and Comments



What Do You Think?

Mail: P.O. Box 27306

Raleigh, NC 27611

Phone: (800) 662-8835, ext. 367

Fax: (800) 230-3144

E-mail: 75471.2247

@compuserve.com

Carolina Country goes on audio tape for visually-impaired people

Donald Merritt, a member of Four County Electric Membership Corporation who lives in Duplin County, called a few months ago to talk about placing Carolina Country on audio tape. Mr. Merritt is blind and said he can enjoy Carolina Country only when someone reads it to him.

His call led us on a course to learn what's available to visually-impaired people. Several readers referred us to the Radio Reading Service, a network of volunteers who read newspapers, magazines and other publications for broadcast on local radio stations. Others referred us to the North Carolina Library for the Blind and Physically Handicapped.

After submitting background information and issues of Carolina Country to the North Carolina Library for the Blind and Physically Handicapped (NCLBPH) for review, we are pleased to announce that the library will offer the magazine on audio tape cassette to eligible North Carolina patrons beginning with the January 1996 issue.

Members of North Carolina's electric cooperatives who receive the magazine may tell their visually-impaired relatives, friends and neighbors that they, too, can read Carolina Country each month.

The NCLBPH relies on volunteer services to produce Carolina Country on audio tape cassette. It is a branch of the State Library of North Carolina within the N.C. Department of Cultural Resources, and works in association with the U.S. Library of Congress. The library serves North

Carolina citizens who are blind, visual impaired or whose physical disability prohibits them from being able to hold or read printed publications. If you are interested in the service, submit an application to the library. It's a printed application. You can have one sent to you by calling 1-800-662-7726.

Once your application is approved, you can begin receiving materials within a week or two.

In addition to Carolina Country and other magazines, the library lends over 67,000 books. It operates in a way similar to county libraries and offers recreational and informative reading in large type, braille or audio tape cassette. All reading material is loaned and circulated by mail. There is no charge for the service or postal fees.

The audio cassettes require special playback equipment because they are produced in a 4-track format instead of the common 2-track format. Cassette players (electric-powered with battery auxiliary) are loaned and maintained by the library.

Librarian Patti Gamin says patrons are eager, appreciative readers who consider the NCLBPH a "life-line."

Approximately 150 volunteers donate their time and talent to the library. Through private donations and memberships, the Friends of the NCLBPH (a non-profit support group) enhances the library's services.

North Carolina citizens are encouraged to tour the library's facilities and see its operations. The address is 1811 Capital Blvd., Raleigh, NC 27635. Phone: (919) 733-4355.

—Michael E.C. Gery, editor

Looking for a hand plow

I am a member of Albemarle EMC and a native of Arapahoe, Pamlico County. I was struck by polio when I was 18 months old in 1923. I was rehabilitated by farming and logging, the Army in WWII and 46 years in the railroad. I am retired and restoring a Stonewall siding plow. It is complete except for mould boards (a pair of wing-like dirt turners that attach near the plow point above the sweeps). A plow like this—with handles cut short—helped to rebuild my body and my life as I held onto the handles and walked to plow corn, tobacco, beans and cotton. I am looking to purchase these mould boards. I travel Highway 17 to my place in Hertford and also to Arapahoe.

R.E. Brinson
14 Maupin Ave.
Portsmouth, VA 23702

Kitchen comforts

With all the comforts we have in our homes today, I often think of when I was small and my mother had very few comforts at all. I wonder how she stood it in summer, standing in front of her old wood stove, cooking, baking and canning for all those hours at a time. She did not wear make-up, lipstick or mascara while cooking for her family of nine. If she would have worn all that, she may have looked like a clown until someone washed her face, once it all melted down. If you think you have it tough in your air-conditioned kitchen, with your electric stove and microwave, think about your mother or grandmother who had no electricity at all.

Paul E. Honeycutt
Salem, VA

Looking for pink goat's beard

I have been searching for a bush named Taruncus ("goat's beard") in a pink color. Maybe a reader knows where I can get one.

*Mrs. George Sigman
Rte. 3, Box 346
Taylorsville, NC 28681*

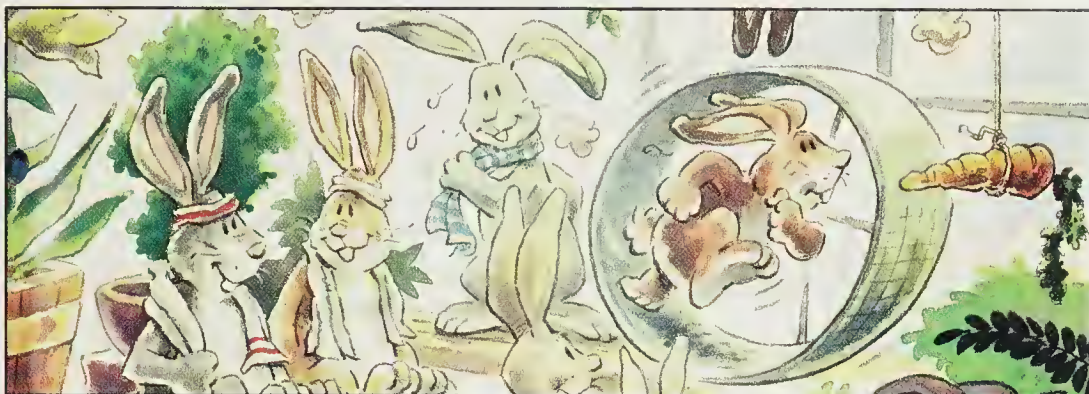
Carolina Country as homework

I home-school my children (two boys, ages 12 and 13), and I love using Carolina Country to reinforce lessons learned and to introduce ideas of learning and the issues of every-day life. The inserts titled "South River EMC News" have been very educational. [Available in the magazine to members of South River Electric Membership Corporation.]

Patricia Kozik, Lillington

Phone number correction

The wrong area code was published for Thomas Art Gallery in Albemarle [December 1995] that offers a print of the 28th Regiment, North Carolina flag. The correct phone number is (704) 983-029.



The wonderful servant

I really enjoyed your article on energy efficiency, especially the Bunny Thermal Units ["Energy Efficiency at Home," October 1995]. I came across an ad I had saved back in the early 1960s. Who would have thought back then of the zillion ways we use power today or the jump in the number of people using it?

Milly McCanless, Seagrove

Ms. McCanless sent a copy of a magazine ad showing "The Queens of History" (Elizabeth I, Marie Antoinette and Guinevere) astonished by the appliances in the kitchen of "Susan Smith, every modern housewife in America." The ad declared that "no queen in the past ever had such a wonderful servant as the electricity she uses in her home every day."

Fried green tomatoes hit the spot

I recently planned a Southern-style dinner party for my German boyfriend, his German co-worker and a friend from Oregon. The menu consisted of mashed potatoes, meat loaf and fried green tomatoes. All were familiar with the movie, "Fried Green Tomatoes," but none believed this was a Southern delicacy. The recipe submitted by Patty Pryce [Country Kitchen, August 1995], was quick, simple and delicious.

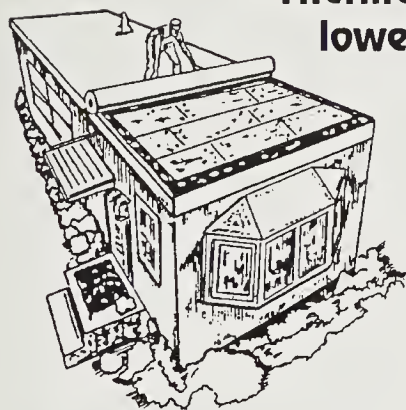
Caroline Martin, Davidson



The Insulated Mobile Home Roofing System



Thermal Tech, the affordable roof system that lowers power bills in winter and summer.



\$100 Rebate
Call today for a FREE
Roof Inspection and Estimate

THERMAL
TECH ROOFING
1-800-849-5715

Decide for Yourself

Old Metal Roof

vs.

New Thermal Tech

- ☐ Expensive heat escapes thru the roof
- ☐ Condensation forms in the attic
- ☐ Attic condensation freezes there and in walls
- ☐ Furnace or heaters usually run all day and night
- ☐ Leaks let water ruin ceiling, walls and floors
- ☐ Seal, paint, repair every year
- ☐ Rumbles in winter wind
- ☐ Deteriorates annually

- ☐ Thick insulation retains heat in your home
- ☐ No attic condensation
- ☐ No condensation forms
- ☐ Heat source runs only as needed
- ☐ No leaks
- ☐ Maintenance-free and guaranteed lifetime warranty
- ☐ Quiet in the worst storms
- ☐ Adds to the value of your home

Cooperatives bring power and

by Deena C. Knight

For four months in 1993, a manufacturer of air-conditioner compressors deliberated over whether to build a \$40 million plant in Alleghany County, N.C. or Wise County, Va. During that time, the electric cooperative that serves Alleghany County (Blue Ridge Electric Membership Corporation) engaged in continual discussions with the business. In October 1993, Bristol Compressors announced it would build its high-efficiency compressors facility in the small northwestern North Carolina mountain community of Sparta and eventually employ 750 people.

"This might not have made a big impact in, say, Wake County, but it's a big deal here," says Brian Crutchfield, who pursued the project as Blue Ridge Electric's manager of Economic Development.

At the ground-breaking for the Bristol plant, Gov. Jim Hunt said that Alleghany County would not have been able to recruit the company without cooperation of local people. "The willingness of a community to compete for an economic development project is a question that can only be answered by the community itself. And you," he said, "answered that question with a resounding 'yes.'"

The Bristol project soon became a model for incentive-driven, economic development strategies. Attracting Bristol consisted of combining local incentives with government loans and grants. Blue Ridge Electric's participation included a direct incentive investment and a loan obtained from the Rural Economic Development Program offered through the federal rural electrification agency.

This combination of local and state recruiting is one reason why North Carolina is known nationally as a good place to do business. As regional utilities committed to their consumers' communities for 50 years or more, North Carolina's 28 electric cooperatives have been a major partner in the economic well-being of the areas they serve.

"We're among the leaders in terms of bringing new companies into the state," says Bud Cohoon, director of Economic Development for the North Carolina Electric Membership Corporation (NCEMC). "We plan to be even more aggressive this year with target marketing and following up on leads."

Cohoon and Eddie Durham, an NCEMC economic development specialist, regularly follow-up on national and international leads obtained through a variety of sources, including trade publications and the N.C.

Department of Commerce.

They evaluate which businesses would be suited for the territory that the cooperatives serve.

They send to prospective businesses promotional brochures touting the economic, social and transportation benefits of the state. Then, they help design a plan to encourage businesses to choose North Carolina.

"Every business has a different selection criteria for relocation," says Cohoon, who is also past president of the N.C. Economic Development Association. "We try to match a business's criteria as closely as possible."

When a company decides to relocate or expand, the cooperatives' economic development professionals can work with the company in such areas as:

- assistance with site and building identification
- flexibility in rate design
- power quality services
- assistance with market research
- loan and grant assistance

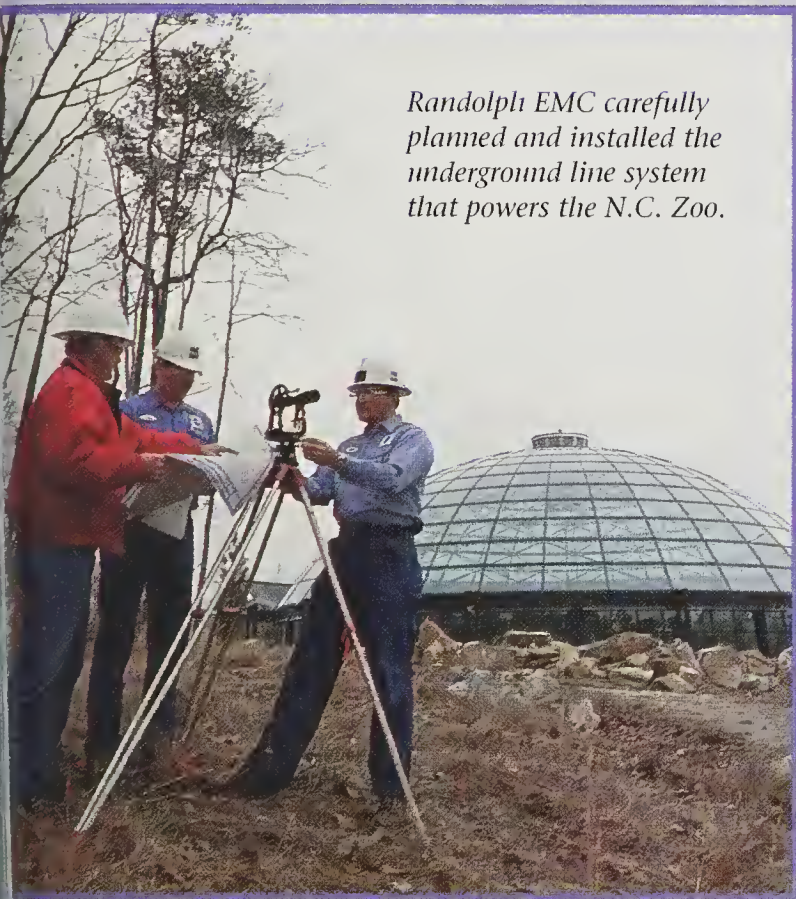
In addition, information can be provided on financial incentives and advantages, labor market data, environmental permitting, and vendors and marketing.

Cooperatives have succeeded in enticing new business to the state because of North Carolina's active role in economic development, Cohoon says. "In most counties, a strong economic climate already exists," he says.

*In 1995,
almost two dozen
businesses either
expanded or set up
new facilities in
North Carolina
with the help of
electric cooperative
programs.*

opportunity to North Carolina

Randolph EMC carefully planned and installed the underground line system that powers the N.C. Zoo.



The zoo story

Another example of a regional success story is the North Carolina Zoological Park in Asheboro. Described as a "showcase for the state," the zoo took shape in the early 1970s. Landing the zoo was partly the result of the local community banding together to come up with a desirable package, says Dave Rowe, manager of Membership and Public Relations at Randolph Electric Membership Corporation. "They had about six or seven other locations they were looking at," Rowe remembers, "but the community here came up with a 1,000-acre package that (the zoo management) found attractive."

Today, the N.C. Zoo attracts over 1 million visitors to the Asheboro area. If half of the visitors stop to eat or buy gas and spend an average of \$15, Rowe points out, "Just imagine the dollars generated." Plus, the zoo employs 288 year-round staff and an additional 150 seasonal workers from April to October.

Rowe recently suggested to zoo management that a generator be installed. "I explained how it would pay for itself in three years. So they got an allocation for about \$1 million for the generator, which should go on-line sometime this year."

The generator will allow the zoo to generate its own power during the times of day when demand generally is high and thus lower demand for electricity

supplied by Randolph EMC during those times. This peak-load management makes the zoo eligible for a lower-than-normal electricity rate that some co-ops offer to businesses and residences.

The generator also can ensure emergency power, if necessary. "It's especially important for the zoo to always have electricity, because the animals are so sensitive to temperature changes," Dave Rowe says.

Although the zoo has been a tremendous boost for Randolph EMC and the Asheboro community, it does pose ongoing logistics challenges. "It's situated on a pile of rocks and all the services are underground," Rowe says. "They wanted it this way because it was necessary to have a natural environment. The project required a tremendous amount of blasting, chipping, and digging. They must have 75 meters on the premises. All of this might have been a nightmare for some, but Randolph Electric has thought through each task carefully based on the specific situation."

Help for growing businesses

Expansions are also a high priority in economic development efforts. Last year, The House of Raeford — a well-known turkey processing company in Hoke County — expanded its operation to include a 245,000-square-foot finishing and cold storage facility. Already an employer of 1,100 people, the expansion adds 200 new jobs for the area. Lumbee River EMC (LREMC) and its director of Economic Development, Robert Deese, played a major role in the project.

Deese says that House of Raeford had to choose between LREMC and Carolina Power & Light Company (CP&L). The turkey processor chose LREMC.

Frank Hollendorfer, director of Engineering at the House of Raeford, said later, "Lumbee River offered what CP&L would not: flexibility in rate design. Lumbee River was very positive and cooperative from the beginning."

He added, "I think Lumbee River and the entire cooperative system are on the right track. I feel cooperatives just look for more ways to help than other power suppliers."

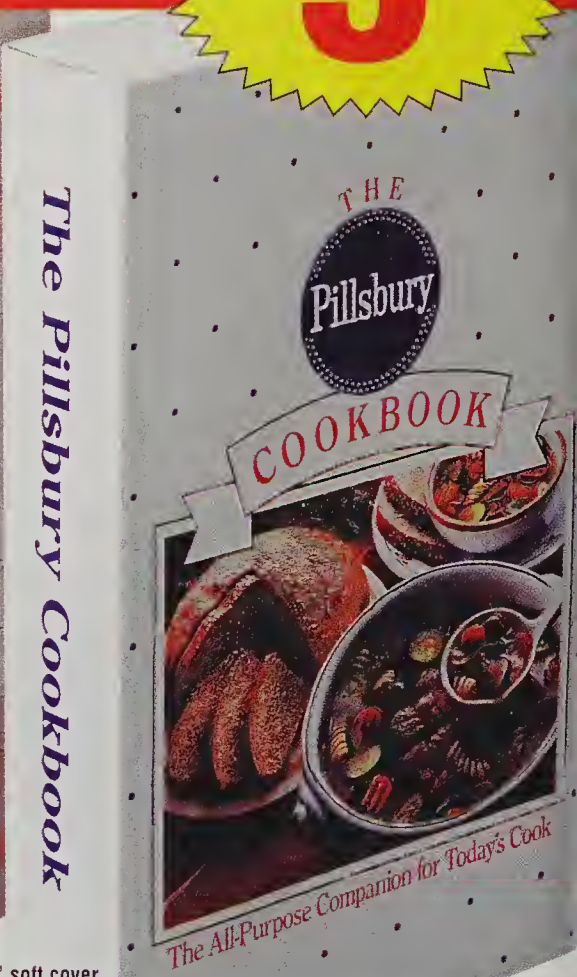
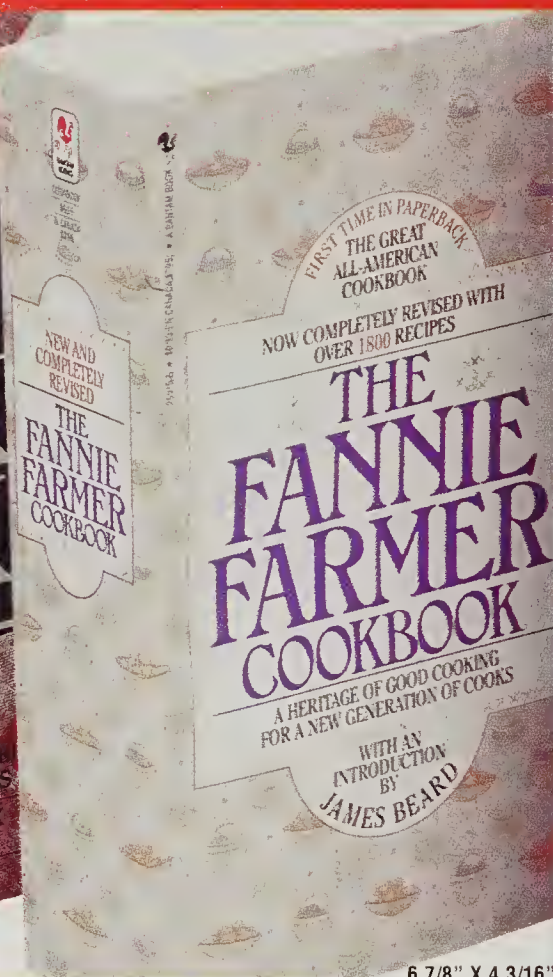
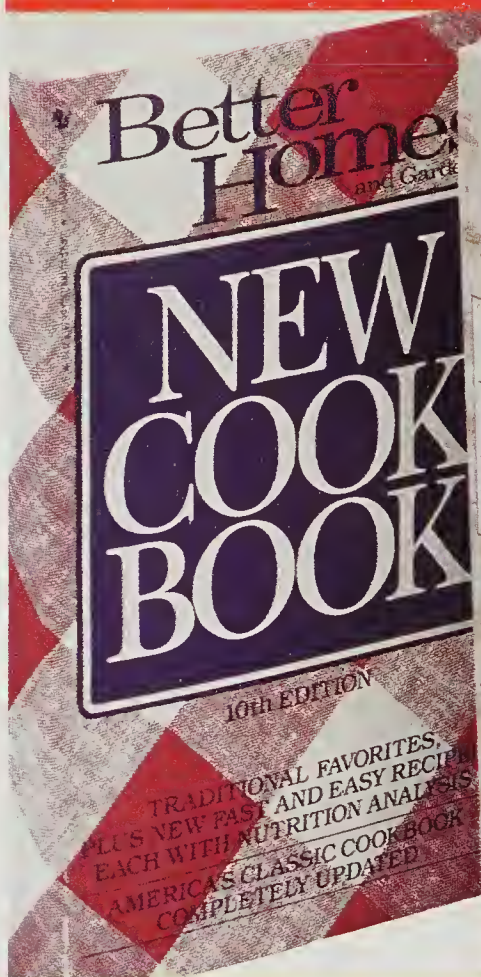
For more information about economic development in your area, contact your electric cooperative. For information about the statewide program, call NCEMC at (800) 662-8835, ext. 296.

Deena C. Knight of Asheville is a full-time freelance writer who works with a variety of trade, business and consumer publications.

Next month: The path of electricity from the power plant to you.

WORLD'S BEST COOKBOOKS!

\$5 ONLY EACH



6 7/8" X 4 3/16" soft cover

INCREDIBLE BARGAIN

Hard Cover Price

~~\$70.00~~ set of 3

Abridged Soft Covers

\$5 each

Better Homes Cookbook—has 1,300 blue-ribbon recipes from Better Homes and Gardens, microwave and crockery cooker instructions and more.

The Fannie Farmer Cookbook—is filled with 1,893 mouth-watering recipes including the secret of making really good coffee and tea, "Filled Things" and more.

Pillsbury Cookbook—has over 1,200 favorite recipes with complete nutritional information plus creative ideas for microwave, grill and more.



Deluxe Slip-Case Edition (See coupon)

Allow up to 6-8 weeks for shipment. Full one year money-back guarantee excluding shipping and handling. Hurry!

*2-Day Express Delivery—In most cases orders for in-stock items will be shipped within 2 business days after we receive and process your order and should arrive 2 business days later.

OVER 3,000 PAGES IN THESE 3 BOOKS

Mail This Coupon To Get \$5 Price

Description	Item #	How many?	Price Total (check one)
Better Homes	R94313		<input type="checkbox"/> 1 Book for \$5 (R94315)
Fannie Farmer	R94311		<input type="checkbox"/> SAVE ALL 3 only \$10
Pillsbury	R94314		<input type="checkbox"/> BEST VALUE All 3 in Deluxe Slip-Case Edition \$12
			<input type="checkbox"/> 2 Deluxe Sets \$20
			<input type="checkbox"/> 3 Deluxe Sets \$28 (R94315)

Make check to RBM Ltd.

Or charge

☐ VISA ☐ MASTERCARD

☐ DISCOVER

☐ AMERICAN EXPRESS

(Enter all 13 to 16 card numbers below)

Card #

Exp date (Mo) _____ (Yr) _____

Mr/Mrs
Miss/Ms

Address

City/State/Zip

MAIL TO:

**RBM Ltd., Cookbooks, Dept 723-139,
Box 1240, Westbury, NY 11595**

Price Total (from above) \$

Standard shipping & handling \$ 3.75

*2-Day Express Delivery: Add extra \$4.95 to above shipping & handling

Subtotal \$

In NY add sales tax \$

(R94340-13) Grand Total \$

IN YEAR 2001 ALEX & JOAN WILL LOOK 5 YEARS OLDER...
BUT THEIR SHOES WON'T!

World's Most Comfortable Shoe?
WE DARE YOU TO WEAR THEM OUT!



Will outlast shoes costing up to ~~\$89.95~~

For Only \$10

Guaranteed For Life Of Shoe

- Lustrous man made leather
- Heels and soles never wear out
- Never need repairs

Ladies'

Men's

GUARANTEE:
Wear them for 5 full years. If they don't look as new as the day you bought them—we'll send you a new pair free.

So cushiony soft and flexible you can fold them in half with two fingers!



Classic Styling Perfect for Both Dress & Casual Wear
So featherlight and flexible they make walking an absolute joy. Yet so durable and long-lasting—we dare you to wear them out. They never need polishing. Their shine lasts for the life of the shoe. The heels and soles won't wear out, never need repair. And they are 100% water resistant to keep you warm, clean and dry.
Sorry—at this low price we reserve the right to limit 3 pair per address. Allow up to 6-8 weeks for shipment. Full one year money-back guarantee excluding shipping & handling.
Hurry!

2-Day Express Delivery—In most cases orders for in-stock items will be shipped within 2 business days after we receive and process your order and should arrive 2 business days later.

Long Life Shoes	Item#	Size	Qty	Price Total
Men's	Black 7563			
Specify Sizes 7-12	Brown 7564			
	Gray 7565			
Ladies'	Black 9201			
Specify Sizes 6-10	Brown 9202			
	Taupe 9203			
	Gray 9204			

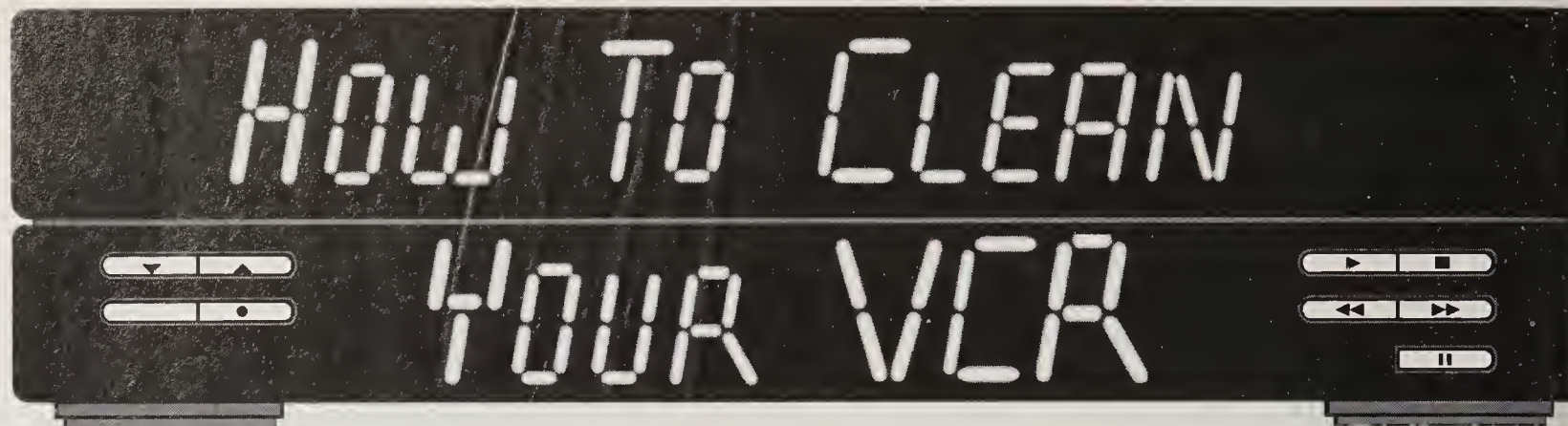
- ☐ 1 pair only \$10
- SAVE MORE**
- ☐ 2 pair only \$18
- ☐ 3 pair only \$25

Make check to RBM Ltd. Or charge
☐ VISA ☐ DISCOVER
☐ MASTERCARD ☐ AMERICAN EXPRESS
Card# (Enter all 13 to 16 card numbers below): _____
Exp date (Mo) _____ (Yr) _____ (R75660-14)
Mr/Mrs _____
Miss/Ms _____
Address _____
City _____
State/Zip _____

Price Total (from above)	\$
Shipping & handling \$3.75 each pair	\$
*2-Day Express Delivery add \$4.95 to shpg. & hdlg.	\$
Subtotal	\$
In NY add sales tax	\$
Grand Total	\$

MAIL TO:
RBM Ltd., Long Life Shoes,
Dept 723-138, Box 1250
Westbury, NY 11590

©1995 RBM Ltd. 1200 Shames Drive, Westbury, NY 11590 P2



In 10 easy steps

by Harrold H. Black Jr

The videocassette recorder has become as common in America as the toaster. But like all electronic equipment there is a mystique surrounding its maintenance and repair.

In some cases you may determine that it's less expensive to buy a new one than repair one that doesn't work. I can tell you frankly that the least costly route is to keep your VCR clean and keep it working.

There are three ways to clean the internal parts of your VCR.

1) Take it to the shop, where you can be reasonably sure that it will be serviced properly. The typical cost is \$50.

2) Use a cleaning tape. Just stick it in and let it run. Cleaning tapes cost less than a repair job—from \$9 to \$20—and they are quick. A disadvantage of the dry type is that it can be abrasive and cause premature wear on the video heads. The wet type can smear dirt instead of removing it completely.

3) Clean it yourself. The cleaning supplies will cost you about \$10. This method not only assures you that the parts affecting the tape are clean, but you'll also learn something about how the VCR works. A warning: Don't try to maintain a VCR yourself until after it has passed its warranty period.

Basic tools

- No. 2 Phillips screwdriver
- Cotton swabs on a stick
- Chamois swabs (available on sticks at electronics stores)
- Isopropyl alcohol (91% pure, the grocery or drug store variety)
- Head cleaning fluid (available at electronics stores)
- Vacuum cleaner with a wand attachment
- Soft bristle brush (1" minimum, like a paint brush)

Tips to remember

- Always use the right tool for the job.
- Work on a clutter-free surface.
- Unplug the VCR.
- Keep track of all screws you remove. If you drop one, retrieve it right away. If you aren't sure you will remember where everything fits, make a sketch of its location.

Step 1. Unplug the VCR. Remove the screws that fasten the cover, then remove cover. Stand the VCR on its side and use the soft brush to dust out all the obvious dirt. Don't force any parts. What's inside a VCR is pretty hardy, but you can damage things if you get carried away. After you get the obvious dust out, give the inside a good vacuuming.

Step 2. Take a good look at what's inside. Set your reference points. When I say left or right, I mean left and right as you look at the front of the VCR where you insert a cassette. Your **video head cylinder** will be a large, shiny silver drum in the rear of the unit. On both sides of the drum, next to its base, notice **two cut-out curved tracks** in the deck. These three items are your reference points.

Step 3. Notice the dirt. What does dirt look like in a VCR? It's black residue that shows up either as specks or as a band. Dirt is most noticeable on the shiny metal parts within the VCR. Grease is meant to be there, so don't remove it.

Step 4. Clean the **P-guides and angle brackets**. The P-guides are white glass cylinders with silver tops located near the video head cylinder. Next to them are the angle brackets. There are two of these angle bracket assemblies, one in each track. Take your cotton swab, dip it in the alcohol, and remove the dirt on these pieces.

Step 5. Clean the **full-erase head**. This is to the left of the video head cylinder, and resembles a small, silver cube or a two-slice toaster, with a couple of wires coming out of its back. Clean it with your cotton swab and alcohol.

Step 6. Clean the **impedance rollers**. Your unit should have at least one, maybe two, located on the left and/or the right side of the video head cylinder. They are the second largest cylinders in the unit and are copper, brass or white in color. Remove all dirt with your cotton swab and alcohol.

Step 7. Clean the **audio control head**. It looks similar to the full-erase head. It is on the right side of the video head cylinder and a little forward. Give it the cotton swab and alcohol.

Step 8. Clean the **pinch roller**. This is the large, black rubber cylinder next to the audio control head. If it needs cleaning, it will have a shiny finish. Clean it with the alcohol until it has a dull matte finish.

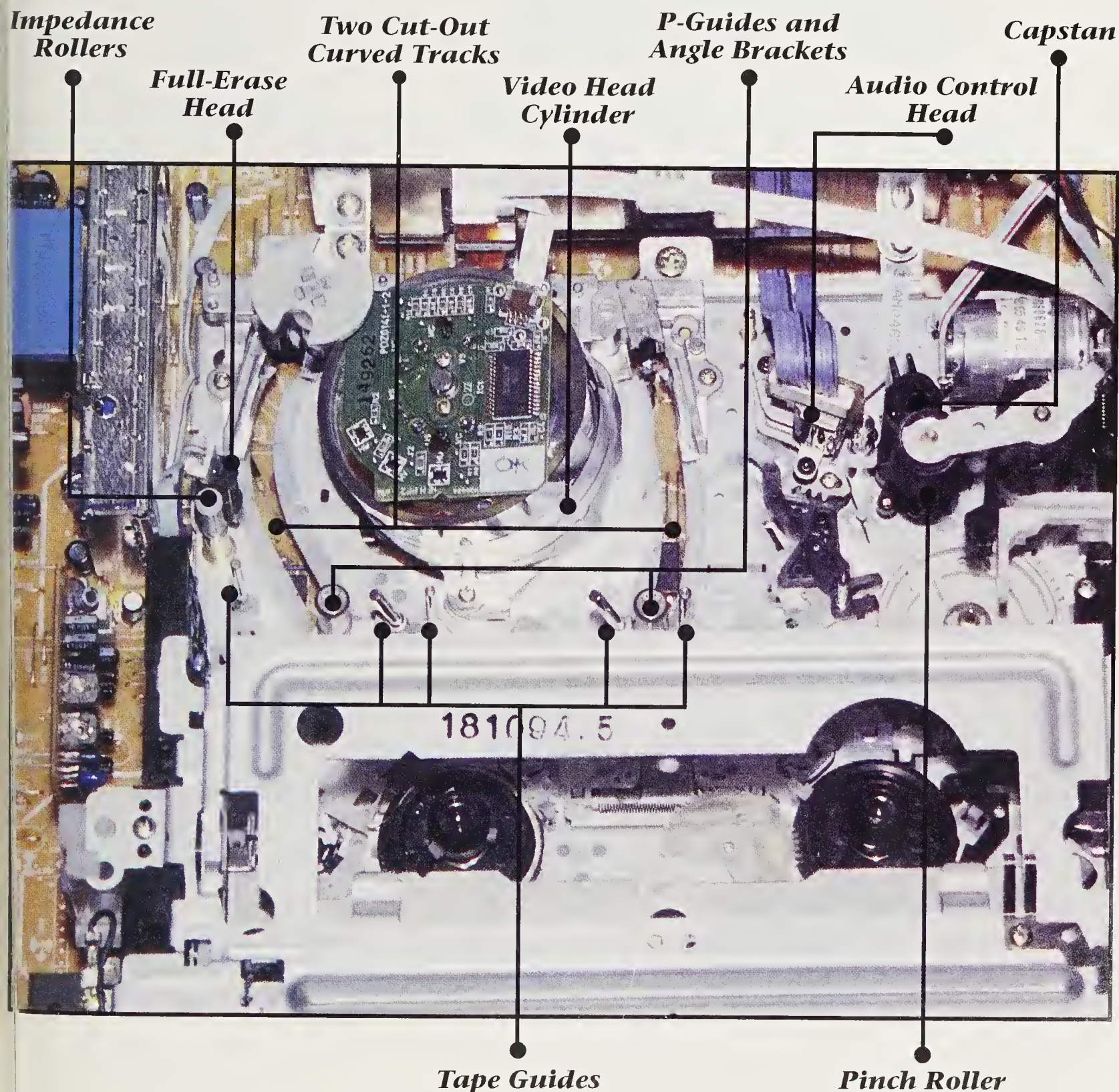
Step 9. Clean the **tape guides and capstan**. These are the three remaining vertical shafts. Usually, they show black rings around their circumferences. If there is any residue, remove it with alcohol and cotton swabs.

Step 10. Clean the **video head cylinder**. Its bottom half is stationary, its top half rotates freely. If you look closely at the top half of this cylinder, you will see some small copper bars.

These are your video heads. They are the most delicate part of the VCR; be very careful when cleaning them. Use a clean chamois stick and the head cleaner fluid. Place the moistened stick vertically on the cylinder surface overlapping both halves and hold it there while using your fingers carefully to rotate the top half of the video head cylinder back and forth. This cleans the video heads. Then take your chamois stick and clean the rest of the cylinder. Make sure that you do not get any finger prints on the cylinder.

Wait about 10 minutes for everything to dry. Replace the VCR cover, return the screws to their places, and plug it back in. Now you can enjoy a videotape while you think about all the money you saved.

As an aircraft electrician in the Navy, Harrold H. Black Jr. repaired all the VCRs on board ship. Now he does the same for his neighbors in rural Fayette County, Pennsylvania.





THERE'S ANOTHER WAY TO PITCH IN THAT'S EASIER THAN RINSING BOTTLES, CRUSHING CANS AND TYING UP NEWSPAPERS.



Signing up for Peak Load Management is quite a bit easier than recycling. But it's probably the most important thing you'll ever do for the environment. And all it takes is a call to your electric co-op.

During peak demand for electricity, we'll interrupt power to your central air



conditioner or heat pump and electric water heater; for brief periods. You won't be

inconvenienced.

In fact, you probably won't even know when it happens. (Just ask your friends who are already on the program.)

By managing peak demand, we can lessen the need for expensive power plants and help conserve our natural resources.

If you're concerned about the environment, this is real easy. So please give us a call.

**PEAK LOAD
MANAGEMENT.
ANOTHER
WAY TO PITCH IN.**



CAROLINA **Electric
Cooperatives**

Keep yourself and
your family
healthy with the



Member Group Major Medical Plan

A Comprehensive Plan At Affordable Rates

As a rural electric consumer, you may purchase comprehensive, affordable group health insurance for yourself and your family. Only members of rural electric cooperatives may purchase the RE plan.

Good health is important, and this comprehensive plan offers quality coverage for families and individuals:

- ✓ Up to \$1,000,000 in lifetime benefits for each family member insured.
- ✓ Coverage for hospital, surgical, physician, prescription drugs, medications, and miscellaneous medical expenses.
- ✓ Competitive group rates.
- ✓ Choice of copayment and deductible options starting at \$500.

YOUR CHOICE OF TWO PLANS:

80/20 Plan—pays 80% of covered charges up to \$10,000, 100% thereafter.

50/50 Economy Plan—pays 50% of covered charges up to \$2,500, 100% thereafter.

- ✓ **30-day Risk-Free Guarantee.** You may return your policy, if you are not completely satisfied.
- ✓ **Excellent customer service.**

To receive a personalized quote through the mail, call our toll free number or fill out the request form. No agent will ever call or visit.

Ask about our Group Term Life protection — up to \$100,000 of life insurance for yourself, spouse and children.

This plan is sponsored by National Rural Electric Cooperative Association (NRECA), a non-profit association, located in Arlington, Virginia. NRECA has been providing its member rural electric cooperatives across the nation with quality products and services since 1942.

Plan is underwritten by **THE UNITED STATES LIFE**
Insurance Company
A **USLIFE** COMPANY

Call 1-800-543-9213 ext. 96 for more information, 9:00 AM to 5:00 PM Central Time, Monday through Friday.

CLIP AND MAIL



Member Group Major Medical Plan

PLEASE PRINT

☐ **YES!** Mail me no obligation information. I understand no agent will visit or call.

Name _____

Address _____

City _____ State _____ Zip _____

Phone (____) _____ County _____

☐ Male ☐ Female Date of birth ____/____/____

Name of rural electric cooperative _____

Preferred Deductibles ☐ \$500 ☐ \$1,000 ☐ \$1,500
☐ \$2,000 ☐ \$5,000

☐ Please send information on the RE Member Group Term Life Plan

Send to: RE Group Insurance Plans, 600 Princeton Parkway,
Kentland, Indiana 47951

NC0296



Nothing dentured, nothing gained

When Joe Ponder of Love Valley, near Statesville, spent time in a hospital while he recovered from an injury, he grew restless. While in traction, he learned that he could lean forward and bite part of the traction gear. Using only his teeth and his neck muscles, he could pull himself repeatedly into a sitting position.

Out of the hospital, he continued training, and in rapid order he lifted grown people, immense pumpkins and watermelons. Eventually, he could lift a stainless steel cage holding a full-grown leopard and the cat's trainer.

Then he constructed a metal framework that permits him to bend over and grasp in his teeth a ring connected to a harness that reaches around a mule.

When Ponder lifts, the mule rises until its feet are completely off the ground.

He can pull a tractor-trailer rig with his teeth, and then to satisfy those who think the semi is on a slope, he pushes it back to its original position. He had a rifle modified so that he can hold the stock in his teeth while he scores bull's-eyes by squeezing a bulb connected to the trigger.

To complete his performance, Ponder bites down on a rolled-steel bar, bends the bar into a pretzel, then tosses it into the crowd and defies the strongest men to straighten the bar.

But why does he do it? His answer is a simple one.

"With training and dedication, people can work wonders," he says. "Every performance I give is dedicated to my God who gave me the strength and endurance, and every show urges young people to stay away from drugs and alcohol and stress instead physical and mental training to help them make their lives better. Dreams can come true if people only learn to use their God-given gifts and train themselves to work with dedication toward their goals."

Above: Ponder pulls full-size tractor-trailer rig complete with drive. When he has finished, he pushes the truck back to its original location.

Below: The man with the world's strongest teeth bends a steel bar held in his teeth. Because the steel is much harder than the enamel of his teeth, he uses a mouth piece to keep from cracking his teeth.



— Robert L. Williams

TROY-BILT
NEW PRODUCT

IT'S FAST!



Turn ugly brushpiles into woodchips...FAST!

TROY-BILT
7
year
WARRANTY

AT LAST! PRO STYLE CHIPPING FOR THE HOMEOWNER!

Introducing the **TROY-BILT® TOMAHAWK® PRO Chipper**. Now you can chip and eliminate brush piles and even whole tree trunks up to 6" thick (with virtually no trimming!) in record-breaking time — just like the pros do. The new TROY-BILT® TOMAHAWK® PRO Chipper packs commercial-style technology and a powerful 10HP or 12HP engine into an easy-to-use machine for the home-

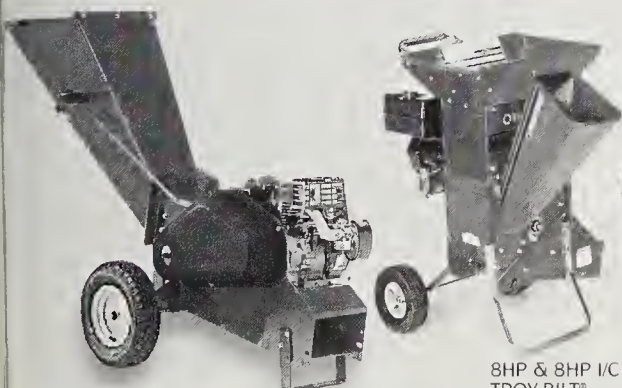
NEW!
10HP & 12HP
TOMAHAWK® PRO
from TROY-BILT

owner. It's "over-built" with legendary TROY-BILT toughness!

Now...A Full Line Up For Every Need. Finally there are rugged TROY-BILT® Chippers and Shredders for every yard debris disposal job and every type of property. Choose the new, powerful, pro-style "brush-busting" TOMAHAWK® PRO Chipper to get rid of massive debris fast, or a TOMAHAWK® Shredder to reduce and recycle yard debris into valuable mulch and compost.

DISCOVER THE WHOLE LINE IN YOUR FREE CATALOG!

Choose from 4 models. Each is built to last and covered by our exclusive 7-Year Warranty! (Engines warranted separately for 3 years.)



NEW! 10HP & 12HP
TROY-BILT® TOMAHAWK®
PRO Chipper

8HP & 8HP I/C
TROY-BILT®
TOMAHAWK®
Shredder



FREE CATALOG! CALL TOLL-FREE:
1-800-634-9700
Dept. 5044

TROY-BILT Mfg. Co. Dept. A5044
102nd St. & 9th Ave., Troy, N.Y. 12180

☐ **YES!** Rush me facts on the new TOMAHAWK® PRO CHIPPER and your original flail Shredder...including specs, FREE Catalog, facts on TROY-BILT EASY PAY PLAN, and current SPECIAL OFFER! **3 76**

Name _____
Address _____
City _____
State/Zip _____

Also Available in Canada © 1996 Garden Way Inc.

When I was eight years old, my grandparents sold their 140-acre Yancey County farm, but I've always held fond memories of special moments there. I still smell the wood smoke drifting from the chimney of the small frame house that Grandpa built. I remember Granny would clear the breakfast dishes then head to the garden to pick what was ready for picking, or can what

was ready for canning. She would wash clothes and clean the place. Grandpa had no less the load with all the plowing, hoeing, and livestock he tended.

Hoeing row after row of tobacco would bring sweat to the brow like nothing else. Granny still jokes about

Grandpa going past the row and into the surrounding woods to search for ginseng roots.

In autumn they made apple butter and molasses, and filled the woodshed. In winter they brought in wood, took care of the animals, handed tobacco and took it to market. We all enjoyed the pickles and preserves they had put away during the fall.

Even in winter they would collect eggs from the hens and get up with the cow every morning to milk her. And then Granny would prepare to make butter. No meal at that place would have been right without her fresh butter.

Think of all the preparation that went into fixing a meal. Cutting, chopping and carrying in kindling. Building a fire that could make the kitchen unbearable even in the chill of winter. Cleaning out the ash pan, the chimney, and always remembering to check the firebox for wood.

Homemade Butter

Text and photos
by Regina Hill

Make your own butter from fresh, whole milk

Skim cream from the top of whole milk. You can get about a half pint of cream from a gallon of milk. It's best to collect cream and refrigerate it until you have at least a half gallon (four pints). My churning jar holds a gallon, and I can make two to three pounds of butter from a gallon of cream, depending on the richness of the cream.

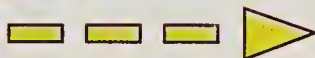
Once you have the cream, you can begin in the morning and have fresh butter for breakfast the next day. Using an electric churn saves you time and energy. They aren't sold just anywhere. I use Granny's. But you can get a new one from Lehman's Old-Time Hardware [see page 19]. The other supplies you can find at a real country store or kitchen supply shop.

Supplies

Cheesecloth	Electric churn
Churning jar	Butter printer

Ingredients

Fresh milk
Salt



Suppers were mouth watering with fresh beans in summer, and young potatoes, peas, and ripe tomatoes picked that morning, and of course, corn bread and fried "middling" (sometimes called fatback).

Somehow breakfast was even better. Breakfast is definitely one of the enjoyable parts of farming. Fresh eggs, tenderloin or sausage from last year's pig, biscuits and gravy made from the cow's buttermilk and milk, pats of real butter, jelly from a canning jar swiped across a hot biscuit. It was the most important meal of the day, and it all came from the old wood cookstove.

I've seen my Grandpa eat as many as six or eight biscuits at one sitting, and Granny would laugh as she whipped up an extra pan full of gravy.

Today, 21 years later, I can re-live some of the dream of my grandparents' farm. Their farm would be too much for my husband and I to care for. But we live a few miles down the road from that farm on two acres with a barn, silo and 75-year-old house. I'm not quite the farmer's wife my Granny was. I don't milk a cow each morning or feed a pig that's waiting for slaughter. I do listen for the rooster's crow when I raise the shades each morning. And I feed a sweet 3-year-old horse and search the hen house for eggs. I sit on the front porch swing, watching my ducks waddle across the lawn.

And I make butter almost like Granny did. I use the same churning jar she had, and I often think about her when I use it. This was a daily practice for her. Maybe she endured it because the taste of fresh butter is so wonderful.

Regina Hill wrote about Decoration Day in Yancey County in the August issue of Carolina Country. She and her husband are members of French Broad Electric Membership Corporation.



Butter Churns

Lehman's Old-Time Hardware carries two electric butter churns, a \$279 model that makes five quarts and a smaller one with a gearless motor that sells for about \$100 less.

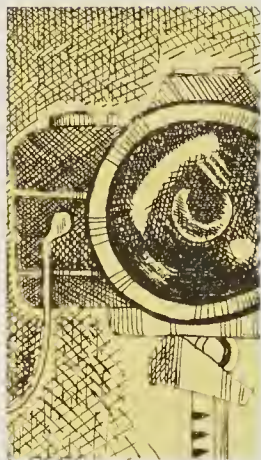


Lehman's also sells hand churns. The catalog is \$3 from Lehman's, P.O. Box 41, Kidron, OH 44636. Phone: (216) 857-5757.

Directions

- 1 Strain fresh milk, using cheese-cloth. Place in refrigerator until the cream rises.
- 2 Skim cream from the top of the milk and save in refrigerator until you have accumulated 1 gallon of cream. You'll accumulate approximately ½ pint of cream per gallon of milk.
- 3 When you have 1 gallon of cream, place it in the churning jar and allow to stand in warm place (room temperature) until the cream curdles. It takes about 24 hours, and what you'll have is buttermilk.
- 4 When buttermilk is formed, put the churn on top of churning jar. Let the churn agitator work approximately 15 minutes or until butter rises. The butter will rise to the top, resembling round balls. This process takes much longer if you use a manual churn.
- 5 Using a slotted spoon or strainer, skim the butter off the top of the buttermilk and put it into a bowl.
- 6 Wash the butter under cold water. Salt it to taste.
- 7 Cool butter in a refrigerator until it's firm enough to mold into the printer. This takes about an hour. Don't allow it to get too cold, or it will turn hard before you can mold it.
- 8 Press butter into printer mold. Depending upon the richness of the cream, you will make 2 to 6 prints. My printer makes a half pound of butter, so I can get as much as 3 pounds of butter from a gallon of buttermilk.
- 9 Arrange prints on cookie sheet or platter, and cover. Keep refrigerated until you're ready to serve it.





Wintertime news.

Spencer museum cuts hours during restoration

The North Carolina Transportation Museum at Historic Spencer Shops has reduced its hours of operations as it completes a major restoration of its 120,000 square-foot roundhouse.

Until April, the museum will open Friday and Saturday from 10 a.m. to 4 p.m., and Sunday 1 to 4 p.m. There will be no steam train rides during the winter months. Train rides will resume on weekends beginning in April.

The restored 1924 roundhouse is expected to open in September.

The official 1996 Spencer Shops Centennial Celebration Calendar is available on a first-come, first-served basis. It is an oversized wall calendar featuring a historic photograph of a Southern Railway steam passenger engine on the Spencer turntable. The cost is \$8.95 post-paid from NCTHC, P.O. Box 44, Spencer, NC 28159. Call (704) 636-2889 to make sure there are calendars still remaining.

New visitors guides to Charlotte

A Fall/Winter Visitors Guide and a new Meeting Planners Guide have been published by the Charlotte Convention & Visitors Bureau. For copies, contact the CCVB marketing department at (704) 331-2738.

Raleigh museum recreates the tropics

A feel of the tropics will dominate the N.C. State Museum of Natural Sciences on Feb. 17 during the eighth annual "Afternoon in the Tropics." The downtown Raleigh museum extravaganza features

the Mickey Mills steel band, tropical birds, Caribbean foods, orchids and two floors of exhibits ranging from insects to snakes.

New this year are a display of rainforest art, a presentation on birds of the Amazon, and performances by Burgaw Middle School's Tropical Troopers.

The event runs from 1 to 5 p.m. For more information, call (919) 733-7450.

The museum also will host famed conservationist and paleontologist Richard Leakey later this month. Leakey will give a lecture on new research into the origin of humans at a special fundraiser, 8 p.m. on Feb. 23. The museum plans to move into new quarters in 1999.

Afternoon in the Tropics

Farmers urged to respond to survey

More than 500 North Carolina farmers, many of them served by electric cooperatives, have been chosen to participate in the annual Farm Costs and Returns Survey during February and March. The survey measures financial conditions of farms nationwide in order to assess the economic well-being of American agriculture.

Farmers selected to be surveyed are considered "vital" in this process that is intended to "benefit American producers through national, state and local programs," according to the N.C. Department of Agriculture's statistician Robert M. Murphy. For more information, contact Debbie Williams in Raleigh at (919) 733-7293.

More room for big cats in Asheville nature center

The Western North Carolina Nature Center in Asheville is building a new habitat to allow its mountain lions and bobcats more freedom of movement. The \$200,000 project on a quarter-acre of land is led by the Friends of the Nature Center. Visitors will be able to view the big cats from an elevated boardwalk that will widen into a larger viewing platform sheltered by two wide, glass windows. For more information, contact the center at (704) 298-5600.

History museum opens Junior Historian Gallery



The North Carolina Museum of History has opened its new Tar Heel Junior Historian Gallery. The only one of its kind in the U.S., the gallery displays the award-winning history projects of North Carolina students from across the state.

Over 10,000 students in grades 4-12 are members of the Tar Heel Junior Historian Association. The goal of the association is to encourage young people to learn about and appreciate the history within their communities. The new gallery displays projects chosen as winners in the association's annual

awards program. This year's exhibit shows 12 models, including a replica of Tryon Palace and a tobacco farm.

Admission to the museum at 5 East Edenton St. in Raleigh is free. For information about the junior historians association, call Mary Bradford at (919) 715-0200.

Africa exchange seeks support

Educational exchange with Africa is the goal of the new North Carolina-Africa Educational Opportunities Foundation. To date, an exchange has been established among universities in Ghana and North Carolina Central University, North Carolina A&T State University and North Carolina State University.

The Ghana Project is seeking support and can be reached through Lawrence M. Clark, Africa Project, Box 7112, N.C. State University, Raleigh, NC 27695-7112.

Two county histories issued

Two new county history books have been published by the N.C. Division of Archives and History. A popular history of Dare County, out of print since 1991, is again available. And "Onslow County: A Brief History" is a new edition.

The fifth printing of "Dare County: A Brief History," by Outer Banks historian David Stick features a newly-designed cover showing the Bodie Island lighthouse. Stick describes coastal Dare County as "... a land of sea and sounds, of soft breezes and hurricanes, of shipwrecks, pirates, history and sand — mostly sand. Its story is the story of the beginning of America, the beginning of North Carolina and the beginning of the age of flight." The 64-page, softcover volume covers county history from the 1580s to the 20th century. There are 33 black and white photos.

The 184-page, softcover Onslow County book is the 14th volume to appear in a series of county histories published since 1963 by the state's Historical Publications Section. It is also the fourth volume of the series written by Alan D. Watson, professor of history at the University of North Carolina at Wilmington. Onslow County in 1524 was the first point of contact in today's North Carolina between native Americans and European explorers. Giovanni de Verrazzano, sailing on behalf of France, sent his sailors ashore with gifts for the Indians. The county is named for Sir Arthur Onslow, speaker of the British House of Commons, 1728-61. "Dare County: A Brief History" (\$9 postpaid) and "Onslow County: A Brief History" (\$10 postpaid) are available from Historical Publications Section, 109 E. Jones St., Raleigh, 27601-2807. (919) 73-7442.

UNC-Chapel Hill has new ram logo



The University of North Carolina at Chapel Hill recently unveiled a new ram logo to replace its 50-year-old one.

"The new additional logos are a nice blend of the traditional which is important at this university, with a bolder, more modern approach," said UNC-CH athletic director John Swofford. "The old logo is still around, but the new logo offers an alternative to younger fans."

The designer who developed the new trademark has also worked with N.C. State University and the universities of Virginia and Maryland, as well as professional sports teams such as the Toronto Raptors, Seattle Mariners, and the Carolina Panthers.

Free income tax help for seniors

The American Association of Retired Persons (AARP) offers a free program, "Tax Aide," to help older and low to moderate income taxpayers prepare their income tax returns. Volunteer counselors, trained by the Internal Revenue Service, are available Feb. 1 through April 15 at various community sites, such as schools, churches and senior centers. Counselors are trained with special emphasis placed on problems likely to be encountered by older taxpayers.

Those who need assistance should bring copies of their 1994 federal and state tax returns and forms, plus records for the 1995 tax year, including W-2 forms and other relevant materials showing income and expenses affecting their tax.

To locate the Tax-Aide site closest to your home, call your local IRS information office, listed under the "U.S. Government" section in your telephone directory.

If you would like to volunteer as a Tax-Aide, write AARP Tax-Aide, 601 E Street, NW, Washington, DC 20049.

Birds of prey take wing at the zoo

Spectators at the new "On the Wing" presentation at the North Carolina Zoo near Asheboro will be looking skyward as hawks, falcons, owls and other birds of prey take wing in the zoo's amphitheater March 15 through May 15. Produced for the zoo by the World Bird Sanctuary, the show uses professional handlers and several trained birds to entertain visitors with aerial acrobatics as it educates them about the birds and environmental issues affecting them.

Three performances are scheduled daily: weekdays at 10 and 11:30 a.m. and 2 p.m., and weekends at 11 a.m. and 1 and 3 p.m.

The zoo is open daily from 9 to 5 p.m. For more information call (800) 488-0444.



Mountain Echoes

by Don Crawford

Ellen Turner's country dolls have friends in high places

Ellen Turner's handmade dolls may resemble people in your family or characters you see on Main Street, but some of them are known in rather fashionable places, too, such as the Smithsonian in Washington, the Musee

des Artes Decoratifs in Paris, and the Museum of History in Raleigh.

These are one-of-a-kind dolls that each involve 50 hours or so of Ellen's careful crafting and carry price tags of \$135 to \$750. The Collector's Encyclopedia of



Cloth Dolls says Ellen's "marvelous representations of elderly mountain women evoke a quality of time, place, spirit and character rarely achieved by an artist."

From her log cabin studio in the woods of Horse Shoe, Ellen

fashions figures with stranded wire skeletons, then wraps them tightly in cloth treated with coats of glue. She adds personality features with acrylic paints. The dolls' clothing comes from flea markets or yard sales and has been refashioned in Ellen Turner's own style. Their articulated fingers can bend

to hold flowers or baskets. Each has a name, too: Mose, Emma Mae, Minnie, Caledonia.

Collectors seek out Ellen's figures, but so do everyday doll lovers. "I have had people buy a doll because they say it looks like a relative," she says.

Her mother's family has Buncombe County roots, but Ellen herself grew up all over as her parents traveled in military service. She graduated from the American School in Nuremberg, Germany when her father was stationed at Wurzburg. She and her brother learned to entertain themselves by making things. In her youth she enjoyed visiting art museums and galleries.

"Somehow I fell in love with country people," she says, "and the majority of my dolls reflect that."

A color catalog is available for \$2 from Ellen Turner Designs, Rte. 1, Box 156, Horse Shoe, NC 28742. Arrange an appointment by calling (704) 891-8750.



David Holt tells traditional stories and music

While growing up in Texas and California, David Holt would listen intently to stories, he says, especially those about "our wild and woolly Texas forefathers." He learned to play guitar and banjo and hung around with Carl Sprague, a singing cowboy who made records. Sprague taught young David to play harmonica and tell stories of his own.

After college, David landed in Asheville, where he made signs by day and otherwise listened to mountain music. In the early 1970s he set out to meet musicians in mountain cabins from Georgia to West Virginia, playing along with them and learning their stories and styles.

In 1975 David became director of the Appalachian Music Program at Warren-Wilson College near Asheville where he taught classes and developed a showcase for mountain music. By 1980 he was eager to go out on his own and expose traditional mountain music to bigger crowds. He appeared on the Public Broadcasting System show "Folkways," hosted Nashville Network's "Fire on the Mountain," played with the likes of Roy Clark and Chet Atkins on the "Hee Haw" TV program, and hosted TNN's

"American Music Shop."

Frets magazine three times named Holt "best old time banjoist." But he's just as good with guitar, autoharp, hammered dulcimer, squeeze box, spoons, harmonica, bones and jaw harp. The Asheville Citizen-Times writer Bob Terrell said, "I think he could ring music out of a stump."

When the U.S. State Department named him a "musical ambassador," he toured India, Africa, Southeast Asia and South America, performing and collecting songs and stories. Some of his collection is in the Library of Congress.

Holt's recordings include traditional and Southern music, children's stories and videos. His newest one, "I've Got a Bullfrog - Folk Songs for the Fun of It," is

for children and families. "I want every kid in North Carolina to hear this record," he says. "Hopefully, it will persuade a lot of them that our Appalachian heritage is too good and too precious a thing to lose."

He's also published a book, "Ready to Tell Tales," from August House and looks forward to a second one soon.

Tapes and CDs are available through High Windy Audio, P.O. Box 553, Fairview, NC 28730. (800) 637-8679.



Don Crawford is a writer who lives in Arden



Art by Robert Hall

"A Dedication to Education"

Robert Hall says he began drawing as soon as he could hold a pencil. He enhanced his talent through the art and design programs at James Sprunt Technical College in Kenansville, and since then has become recognized as one of the most sensitive and prolific young artists in North Carolina.

"Art reveals the inner feelings of one's perception of his surroundings," Hall says. His subjects reflect his feelings for the African-American experience, past and present, scenes such as those he titles "Hard Times," "Learning About Earning," "Compassion for a Child," and "The Homecoming."

His work has been featured in more than 20 solo exhibitions and in the halls of corporations and institutions nationwide.

Of the two images featured here, Robert Hall says, "I think these are especially appropriate for Black History Month, showing children who care about education and the well-being of others besides themselves."

Hall works in oil paint on canvas, pen and ink hand-colored with soft pastels, and plain pencil. In addition to prints, Hall's Originals offers hand-colored notecard sets and Christmas card sets.

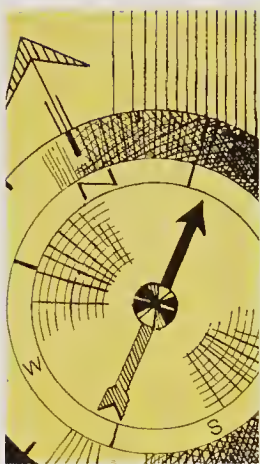
Limited edition prints of "The Pledge" (image size 16 by 20 inches) are available for \$5 plus shipping and handling. (Only a few remarks of "A Dedication to Education" remain.)

Robert Hall has free copies of his 1995 catalog and expects a 1996 catalog to be available by early spring. He and his wife, Juanita, operate Hall's Originals at 540 E. Magnolia Road, Rose Hill, NC 28458. Phone: (910) 532-2180.



"The Pledge"

Here, There and Everywhere



February calendar.

Magnificent Whale

Feb. 9, Beaufort

Smithsonian Institution documentary of North American marine mammals. At the Maritime Museum. Call (919) 728-7317.

Four Freshmen

Feb. 9, Winston-Salem

American jazz and pop singing group. At the Stevens Center, \$19. Call (919) 721-1945.

Brunswick Town

Feb. 9, Wilmington

Archaeologist Stanley South presents "Brunswick Town" as part of the Bit of History lecture series at the Cape Fear Museum. Call (910) 341-4350.

Deadlines for submitting notices

April issue February 25
May issue March 25
June issue April 25

We welcome photos and illustrations of coming events. Send notices to Calendar, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.

War Battle Reenactment

Feb. 10-11, Elizabethtown

Reenactment of the Revolutionary War Battle of Elizabethtown. Demonstrations of period cooking, medicine, and musket firing. At Harmony Hall Plantation. Call (910) 862-3242.

Afternoon in the Tropics

Feb. 17, Raleigh

Festival of plants and animals of the tropics at the N.C. State Museum of Natural Sciences. Call (919) 733-7450.

Antique Show

Feb. 17-18, New Bern

18th to early 20th century furniture, china, porcelains, ceramics, art glass, linens, silver, crystal, jewelry, rugs, toys, vintage apparel, prints, paintings and maps. To benefit historic preservation. At the Sudan Temple, \$3.50. Call (919) 633-6448.

Civil War Encampment

Feb. 17-18, Winnabow

Arms and artillery demonstrations and civilian interpretations. At Fort Anderson, off Highway 133 in Brunswick County. Call Brenda Marshburn, (910) 371-6613.

Herb Conference

Feb. 23-25, Raleigh

N.C. Herb Association winter conference at Wake County Agricultural Extension Center. Seminars, classes, a Friday tour, trade show. Call Tamara Leonard, (919) 847-6474.

Special Olympics

Feb. 23-25, Fayetteville

Basketball tournament. Call (919) 878-7978.

Battle of Moores Creek Bridge

Feb. 24-25, Currie

Celebrating the 220th anniversary of the Revolutionary War battle. Living history encampments, demonstrations of drills, cooking, clothing, weapons firing, colonial medicine and music. Call (910) 283-5591.

Garden Workshops

Feb. 27, Durham

Workshops at the Duke Homestead state historic site. Call (919) 477-5498.

Barbecue Fundraiser

March 1, Edenton

Barbecued chicken lunch and dinner. Tickets are \$5. Eat-in or take-out. At the American Legion Post 40 building. Proceeds benefit the American Legion Baseball Team. Call (919) 482-8739.

Dixie Deer Classic

March 1-3, Raleigh

16th annual three-day deerhunters gathering. Seminars by experts, equipment and trophy displays, special exhibits by Jordan Buck (white-tail), Dick Idol (antlers) and N.C. Ranking Whitetail Trophies. Deer head scoring, commercial displays, guides, taxidermists. \$7 admission at the Jim Graham Building, N.C. State Fairgrounds. Contact Wake County Wildlife Club, (919) 782-5333.

Ongoing

Recycled Crafts Contest

Through Feb. 24, Waynesville

The public is invited to judge handcrafted recycled crafts. At Haywood Handcrafters Co-op, 121 S. Main St., Waynesville.

Silent Film Series

Feb. 13-March 12, Dallas

Five films from the 1920s, Tuesdays at 1 and 3 p.m. in the Gaston County Museum. Call (704) 922-7681.

Broadway Preview Series

Feb. 14 - March 9, Greensboro

N.C. School of Arts presents, "Dream," featuring the music of Johnny Mercer. At the Carolina Theatre. Call (910) 723-3533.

Pretty Playthings

Through April 24, Charlotte

Antique toys, games, books, dolls and a collection of Schoenhut toy pianos and xylophone. At the Charlotte Museum of History. Call (704) 568-1774.



Southern Spring Show

Feb. 24 - March 3, Charlotte

Spectacular gardens, judged flower show, orchid pavilion, bonsai exhibits, arts and crafts, outdoor living, building home improvement and recreational related products. At the Charlotte Merchandise Mart. Call (704) 376-6345.

Return To Walton's Mountain.

In this exclusive Collector's Edition.

The Waltons are back--just when we need them most.

There's a lot being said about the lack of family values these days. But just over a decade ago, there was a show about a family that was decent, moral, caring and completely devoted to each other. And for nine seasons, the Waltons was one of the most popular--and acclaimed--programs on television.

Starring Ralph Waite, Michael Learned, Will Geer and Richard Thomas as "John-Boy," The Waltons was the kind of show that TV has rarely seen since. And the stories, while of another era, are vitally relevant to every family that has struggled through its own hard times.

And now, you and your family can enjoy these heart-warming stories whenever you like on videocassette. Respond today to return to Walton's Mountain, and experience the rich life even the poorest family can have--just by being together.

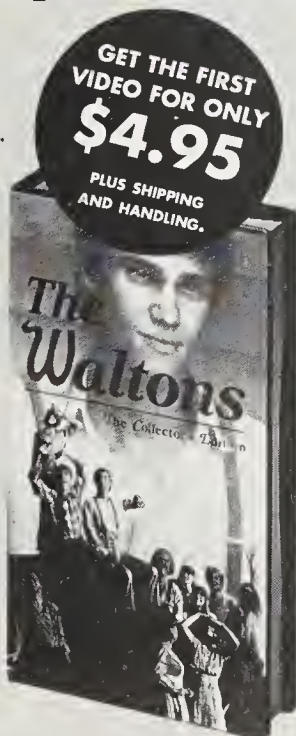
THE WALTONS: The Collector's Edition

A must for your family's video library.

This exclusive video Collector's Edition of The Waltons is available only from Columbia House Video Library. It has been designed to be a prized family possession, as enjoyable to display as this Emmy® Award-winning series is to watch. You won't find it in any store.

Preview the first 2-episode video RISK-FREE.

- Keep it forever for just \$4.95 (plus shipping and handling).
- Collector's Edition--with special deluxe packaging--not available in stores.
- Future 2-episode videos in series sent every 4-6 weeks.
- Examine each video risk-free for 10 days.
- Keep only the videos you want for just \$19.95 each (plus shipping and handling).
- No minimum purchase requirement, no risk, cancel any time.



Mail Today!

For faster service, use your credit card and call, toll-free:

1-800-538-7766, Dept. 2JF

Mail To: Columbia House Video Library, Dept. 2JF
P.O. Box 1112, Terre Haute, IN 47811

☐ **YES!** Send me the first 2-episode videocassette for just \$4.95 plus \$2.45 shipping and handling and enter my subscription to **THE WALTONS: The Collector's Edition**. Also, send me future videocassettes in the series under the terms described in this announcement. If I do not choose to keep my introductory shipment, I will return it within 10 days for a full refund or for credit to my charge account with no further obligation. **Available on VHS only.**

Check method of payment:

☐ My check is enclosed for \$4.95 plus \$2.45 shipping and handling (total is \$7.40) plus applicable sales tax made payable to Columbia House Video Library. A75

☐ Charge this and any future series purchases to my credit card:
☐ AMEX ☐ VISA ☐ MasterCard ☐ Diners Club ☐ Discover A7T

Acct. No. _____ Exp. Date ____/____

Signature _____ Phone Number (____) _____

☐ Mr. ☐ Mrs. ☐ Miss _____ Age (38) _____
Name (Please Print)

Address _____ Apt. _____

City _____ State _____ Zip _____

Note: All applications are subject to review. Columbia House reserves the right to request additional information to reject any application, or to cancel any membership. Canadian residents will be serviced from Toronto; offer may vary.

APPLICABLE SALES TAX ADDED TO ALL ORDERS.



© 1972, 73, 74 Lorimar
Productions, Inc.
All Rights Reserved

© 1995, The Columbia House Company



The amazing walk-behind brush cutter!

The DR® FIELD and BRUSH MOWER

CLEAR & MAINTAINS meadows, pastures, woodlots, wooded and rough non-lawn areas with ease. **CUTS** tall grass, weeds, brambles, tough brush and saplings up to 1" thick.

CHOPS/MULCHES most everything it cuts. Leaves **NO TANGLE** of brush to pick up like hand-held brushcutters and sicklebar mowers. Perfect for low-maintenance wildflower meadows, European-style woodlots, walking paths, or any area you only want to mow once a month or once a season!

- Self-Propelled
- Mows up to 1/2 acre per hour!
- Optional Electric-Starting
- 8 HP



MADE IN USA

Toll
FREE
1(800)
523-3113

Please mail this coupon **TODAY** for complete **FREE** DETAILS of the DR® FIELD and BRUSH MOWER including prices, specifications of Manual and ELECTRIC-STARTING Models, and "Off-Season" Savings now in effect. There is no obligation.

Name _____ CAC

Address _____

City _____ State _____ ZIP _____

To: COUNTRY HOME PRODUCTS®, Dept. 1053F
Ferry Road, P.O. Box 89, Charlotte, VT 05445

©1996 CHP, Inc.



Matt, Jeanie, George, Peter & Andy Douglass

Help Other People and Earn \$4000 Per Month From Your Home With A Computer!

This is a family-owned business offered to other families. George, Jeanie and their three sons have built a \$35,000,000 business (together) helping other people. They will teach you how to earn up to \$4,000 or more each month from your home with a computer by performing services for your community. You can start part time and retain the security of your present position. You do not need to own or know how to run a computer—they provide complete training. If you purchase their software and training material you will receive a Pentium™ computer, color monitor and printer at no extra cost. If you already own a computer, they will give you a discount. Financing available. George & Jeanie have developed timely strategies that when followed can mean immediate success. They have recorded their secrets on two cassette tapes which they will send to you **FREE**.

Learn how other families are building lifetime incomes!

To receive free explanation cassettes and color literature, call toll-free:

1-800-343-8014, ext. 1662

Or Write: COMPUTER BUSINESS SERVICES, INC., CBSI PLAZA,
STE. 1662, SHERIDAN, INDIANA 46069



We've Got Mobile Home Owners Covered.

Royal Home Improvement customers know what a new Royal Roofover means.

No More:

- Leaky roof
- Recoating your roof
- High energy bills
- Roof rumble

Instead You'll Have:

- Permanent roof
- Tripleseal protection
- Lower energy bills
- 25 year warranty
- Added value of home
- No more roof rumble
- All aluminum roof
- 100% financing
- Free estimates
- Shop at home service
- Single or double wide



FREE

8 x 10 Patio Cover
with installed roofover
A \$400 value
(prior sales excluded)

*Southeast's Largest
Royal Roofover Dealer*



Royal
Home Improvements, Inc.
Serving the entire Southeast

(800) 462-8039

100% Financing • Free Estimates
Shop at Home Service

Joyner's Corner

by Charles Joyner



likely answers
to unlikely
questions.

Dial M for Madison?

If you were to punch in the numbers below on your telephone pad, you would spell out the names of ten North Carolina counties. Can you "figure out" which ones? Answer on page 38.

6 2 3 4 7 6 6

M A D I S O N

4 7 3 3 3 5 5

2 2 8 2 9 2 2

5 4 6 2 6 5 6

5 2 2 5 7 6 6

4 2 5 4 3 2 9



7 6 2 3 7 6 6

3 6 7 7 9 8 4

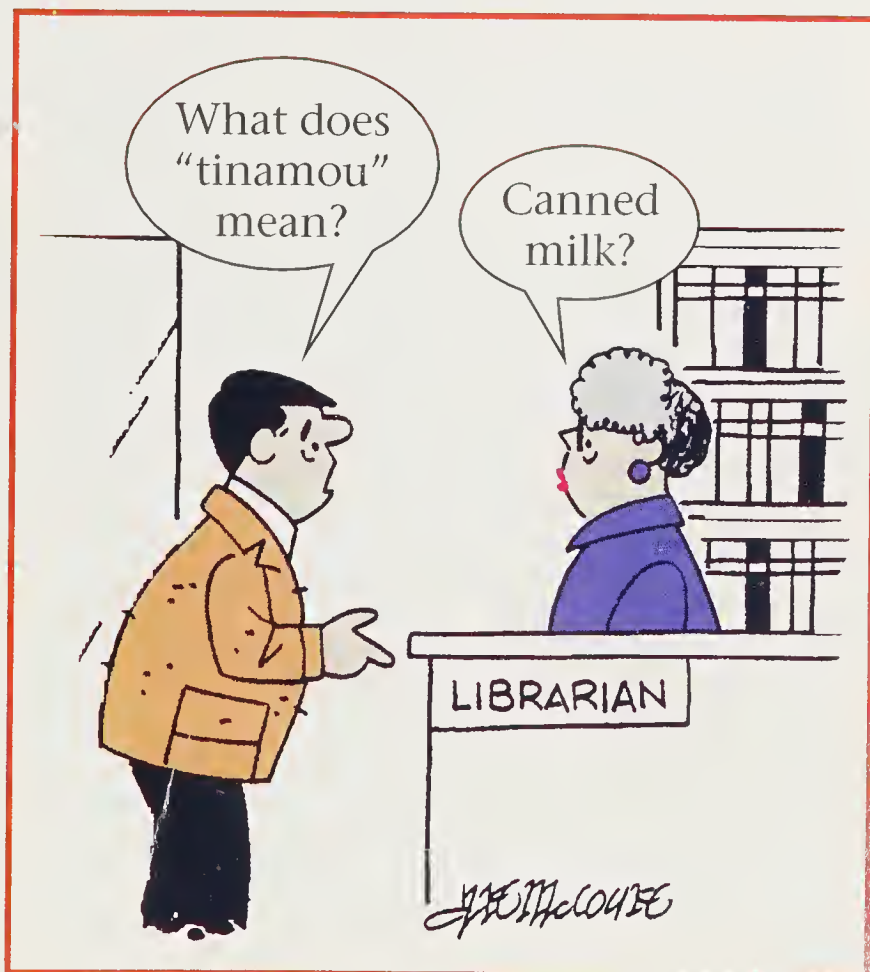
7 2 6 5 4 2 6

7 2 6 7 7 6 6

An age-old trick?

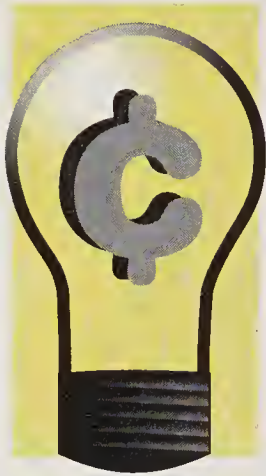
1. If you are older than nine, write your age here. _____
2. Enter the converse (reverse) of your age here. Example: If you are 35, enter 53. _____
3. Add Line 1 and Line 2 and enter the total. _____
4. Enter the sum of the two digits in your age. Example: If you are 35, enter 8 (3 + 5). _____
5. Divide the number on Line 3 by the number on Line 4 and enter your answer here. _____

our answer is 11.



Making Cents of Your Electric Bill

by James Dulley



Safe, instant heat.

Electric induction cooktops

Easy-to-clean electric induction cooktops (and ranges) are just one of many recent improvements in electric cooking. They offer instantaneous response and precise control over cooking heat.

Induction elements work by creating magnetic friction (instant heat) in the pot or pan without heating the smooth ceramic glass cooktop. The glass cooktop stays relatively cool so spills do not cook on, and they wipe clean with a damp cloth. This also makes it safe around children.

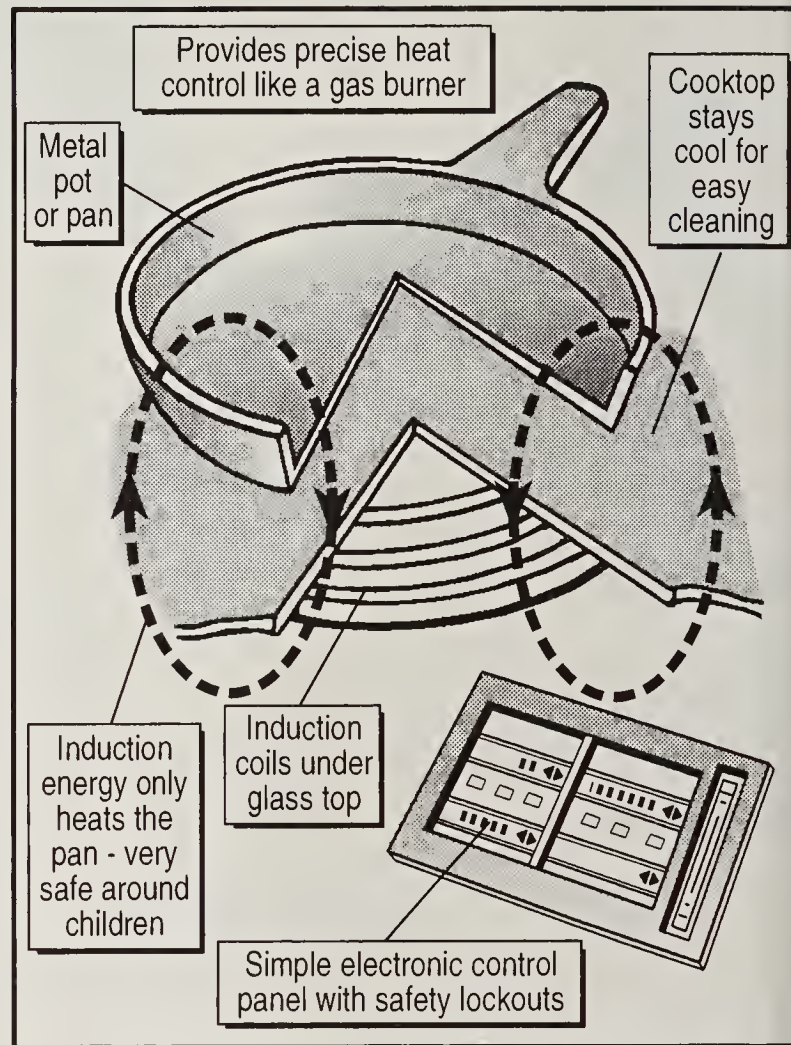
Induction elements can provide intense initial heat. They can bring a quart of water to a boil in 4½ minutes, yet provide precise low level heat for simmering a sauce or melting chocolate without a double boiler.

When a pot is removed from an induction element, the current automatically stops. If you remove the pot just briefly to stir or add some water and return it quickly, the heat automatically comes back on to the same level.

This makes it impossible to forget and accidentally leave the heat on, possibly starting a fire. Even if a child can manage to turn it on (it has built-in child-safe locks), and climbs onto the cooktop, it will not heat.

Induction is the most energy-efficient cooking method. All of the heat goes into the pot and food, not the stove top or surrounding air. This is a real benefit in the summer, because it keeps your kitchen cooler and reduces the load on your air conditioner.

Cookware must be flat bottomed, and only metal



Efficient induction cooktop rivals gas for cooking convenience

cooking utensils (iron, steel, stainless) can be used on an induction element. Warped pans may cause uneven cooking.

Electric quartz halogen elements also provide quick heat initially. These elements use light energy to transfer heat to the pot. There is usually a radiant coil in the center of the halogen ring for even heating. Halogen does not provide as instantaneous a heat response as induction does.

Smooth-top radiant glass cooktops clean easily. Any flat-bottomed pot can be used, but radiant elements heat slightly slower than halogen. Dual units combine a six- and eight-inch coil in a single element for various size pots.

Some manufacturers offer modular cooktops so you can mix and match various types of cooking elements, grills, woks, etc. for your unique needs.

Write for Utility Bills Update No. 531 listing a buyer's guide of induction, halogen and radiant cooktop manufacturers listing number of elements, sizes, heating output ranges, features and prices. Please include \$2 and business-size self-addressed, stamped envelope. Send to James Dulley, Carolina Country, 6906 Royalgreen Dr., Cincinnati, OH 45244.

Copyright © 1996 by Jan Dulley, an energy expert and syndicated columnist in Cincinnati.

AMAZING GRASS SEED MIXTURE GUARANTEES YOU A LUSH, GREEN LAWN QUICKLY AND EASILY!

"CanadaGreen"tm Sprouts Super-Fast... Just 10 Days!

Before: Lawn without CanadaGreen and proper care is an eyesore! Grass is brown, dead or dying, with many bare spots and weeds.

Ordinary lawn

After: With CanadaGreen, just follow easy directions and you'll see the beginning of a thick green beautiful lawn you'll be proud of in as little as 10 days!

Canada Green lawn



Just Scatter!

AS SEEN ON TV

**QUICKLY
CARPETS 1000
SQUARE FEET
JUST \$14.95**

OR LESS! See coupon for special savings

So Easy To Transform!
Just follow easy directions and let nature do the rest. Your grass starts growing in as little as 10 days!

Even Grows In Impossible Spots: Problem areas that are bare, shady, weedy or hilly!

Yours At Last! Beautiful Grass That Stays Green Year-Round From Florida To Alaska!

Yes! The incredibly hardy mixture of grasses that have been proven throughout the U.S.A. and Canada is now available to you! And it grows so quickly and easily:

- Just scatter seed for a picture-perfect lawn starting in only 10 days!
- Developed in Canada where temperature ranges from 20° below to 100°.
- So hardy, it can survive heavy foot traffic, drought, scorching heat, freezing cold, even under heavy snow!
- Saves you work by crowding out weeds.

You probably know the abuse fairway grass must take: heavy foot and cart traffic, divots, every kind of weather condition! But through it all, greenskeepers have to maintain perfect grass. That's why many of them use the same kinds of grasses included in

CanadaGreen grasses that sprout quickly and survive even when abused.

Exclusive offer! This is your chance to see for yourself how this amazing seed will beautify your lawn all year long, while saving you time, work and money! **Order today, with an unconditional money-back guarantee!**

YES! I would love to have a lush green lawn quickly and easily! Please send me enough grass seed to cover the following:

- ☐ 1000 sq. ft. only \$14.95 plus \$4.95 S&H. Total \$19.90
☐ **SAVE!** 2000 sq. ft. \$24.95 plus \$5.95 S&H. Total \$30.90
☐ **SAVE MORE!** 3000 sq. ft. \$29.95 plus \$6.95 S&H. Total \$36.90
☐ **SUPER VALUE!** 10,000 sq. ft. \$115.00 **FREE** S&H.

Total Enclosed \$ _____ (PA & NJ residents add sales tax)

Payment Method (Check One) ☐ Check ☐ Money Order ☐ VISA
☐ MasterCard ☐ Discover

Credit Card # _____ Exp. Date _____

Print Name _____

Address _____ Apt. # _____

City _____ State _____ Zip _____

Phone # _____

Send Your Payment Today To: **TRISTAR PRODUCTS**
 Dept. GR9050, 1616 Duke St. Laureldale, PA 19605

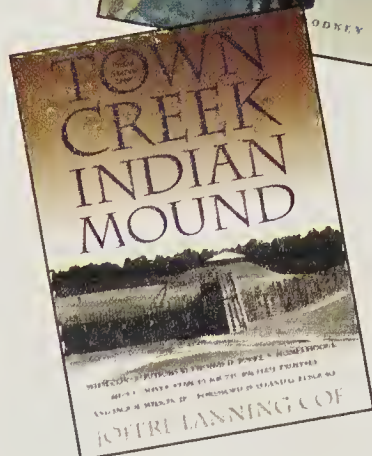
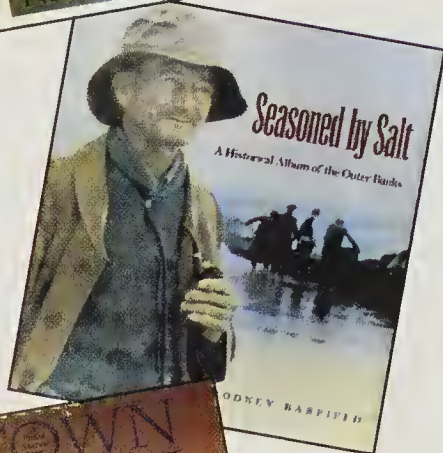


Books

by Peggy Howe



**Novels, history,
humor, food.**



Pete and Shirley

David Perkins, editor, 116 pages

"A good read," "a rollicking romp," and "North Carolina's literary event of the year" are just three of the descriptions of a new novel by 17 of North Carolina's best known authors. "Pete and Shirley: the Great Tar Heel Novel" was conceived by author Clyde Edgerton and Raleigh's News and Observer book editor David Perkins.

The serial novel, consisting of a chapter by each author, ranges from a mysterious death, to a writers' conference, cheerleading, unwanted pregnancy, and various other crimes and misdemeanors. Authors include Clyde Edgerton, Lee Smith, Fred Chappell, David Guy, Tim McLaurin, Jill McCorkle, William McCranor Henderson, Kaye Gibbons, Jerry Bledsoe, Philip Gerard, Margaret Maron, Marianne Ginger, Bland Simpson, Laura Argiri, John Welter, Jaki Shelton Green and Michael Chitwood.

Available for \$13.95 (softcover) at bookstores or from Down Home Press, P.O. Box 4126, Asheboro, N.C. 27204. (910) 672-6889.

Tarheel Hilarities

Warren Dixon Jr., 192 pages

"Life is a lot more fun when you can laugh about it," writes humorist Warren Dixon. "Tarheel Hilarities: A Collection of Humor" is 40 stories, many previously published elsewhere (including in Carolina Country). Dixon offers humor in everyday life, in situations such as fighting off devious squirrels, trimming a Christmas tree or painting a house.

Dixon is postmaster at Julian, N.C., and a Siler City native. He and his wife, Sandra, live in Liberty.

Available \$11.95 (softcover) in area bookstores or from Five Hawks Press, P.O. Box 1203, Liberty, N. C. 27298-1203.

Seasoned by Salt: A Historical Album of the Outer Banks

Rodney Barfield, 192 pages

Rodney Barfield, director of the Maritime Museum in Beaufort, outlined more than 400 years of the history and lore of the Outer Banks, and lavishly illustrated the volume with more than 150 photographs and drawings, most of which have never been published. The photographs document well known and obscure elements of the islands' past, including lighthouses, shipwrecks and rescue crews, fishing, whaling, porpoise hunting, boat building and home life. Barfield also includes a bibliography.

Available for \$34.95 (hardcover) and \$18.95 (paperback) from bookstores or the University of North Carolina Press, P.O. Box 2288, Chapel Hill, N.C. 27515. 800-846-6224.

First in Flight

Stephen Kirk, 330 pages

In 1900, two self-taught geniuses, unknown bicycle mechanics named Wright, arrived on North Carolina's remote Outer Banks in 1900. In a new book, marvelously detailed, Winston-Salem author Stephen Kirk outlines the influence that the Outer Banks landscape and people had on the Wright brothers' quest for flight and in turn, the lasting effect the Wrights' success had on this once-desolate region. Kirk details every aspect of the Wrights' life on the Outer Banks, including several families who were supporters of the brothers' achievements, and focuses especially on the four powered airplane flights on Dec. 17, 1903 at Kill Devil Hills, the first in history. He includes black and white illustrations, index and bibliography.

Available for \$16.95 (softcover) from bookstores or from John F. Blair, 1406 Plaza Drive, Winston-Salem, N.C. 27103. 800-222-9796.

The Truest Pleasure

Robert Morgan, 336 pages

A story set in turn-of-the-century rural Appalachia is the latest fiction from poet and novelist Robert Morgan. "The Truest Pleasure" is the story of Ginny Peace, a character based on the author's grandmother on a farm in the western North Carolina mountains. Despite a stormy marriage, finally she realizes her truest pleasure is her love for her husband.

Morgan grew up in the Blue Ridge mountains and often draws on his Appalachian background. He is an English professor at Cornell University.

Available for \$18.95 (hardcover) from bookstores or from Algonquin Books, P.O. Box 2225, Chapel Hill, N.C. 27515. (919) 967-0108.

Red Pepper Fudge
and Blue Ribbon Biscuits

Amy Rogers, 159 pages
This book celebrates ribbon-winning North Carolina recipes and the cooks who make them. Former caterer Amy Rogers crisscrossed North Carolina tracking down state fair winners and shares their recipes and stories.

Available for \$13.95 (softcover) in bookstores or from Down Home Press, P.O. Box 4126, Asheboro, NC 27204. (800) 672-6889. When ordering, North Carolina residents add 6% sales tax and all orders include \$2 postage and handling.

Wildlife Folklore

Laura Martin, 200 pages
To discover the myths and legends of North America's wildlife, Laura C. Martin offers an impressive volume filled with detailed illustrations and carefully researched information. She outlines the story, physical characteristics, habits and habitats of more than 80 different wild animals. The book includes 80 pen and ink illustrations and bibliography. Available for \$24.95 (hardcover) at bookstores or from Globe Pequot Press, P.O. Box 833 Old Saybrook, Conn. 06475. (800) 243-0495.

Town Creek Indian Mound

Joffre Lanning Coe, 338 pages
More than half a century of excavations have revealed much about ancient cultures at one of the few surviving earthen mounds built by early Native Americans in North Carolina. In a new book, the longtime chief archaeologist at the site offers an illustrated chronicle of how archaeological research is conducted there and what the artifacts discovered reveal about the ancient cultures. In "Town Creek Indian Mound: A Native American Legacy," Joffre Coe describes the state historic site and his work there since it began as a WPA program in 1937 and continues today. With more than 200 photographs and illustrations, the book carefully reconstructs the record including remains found—plant, animal, pottery fragments and clay ornaments and jewelry. Available for \$45 (hardcover) and \$19.95 (softcover) from the site or at bookstores or from University of North Carolina Press, P.O. Box 2288, Chapel Hill, N. C. 27515-2288. (800) 848-6224.

THE OLD LINE LIFE Insurance Company of America
A USLIFE Company

Introducing
AFFORDABLE LIFE INSURANCE
The Best Idea For...Personal Insurance - Business Insurance - Mortgage Protection

NON-TOBACCO
MONTHLY RATES

Issue Age	\$50,000		\$100,000		\$250,000	
	Male	Female	Male	Female	Male	Female
20-25	10.90	9.70	14.00	12.00	27.71	22.71
26	10.95	9.75	14.09	12.09	27.71	22.71
27	10.95	9.85	14.09	12.25	27.71	22.71
28	11.00	9.95	14.17	12.42	27.71	22.71
29	11.10	10.11	14.34	12.67	27.92	22.92
30	11.20	10.25	14.50	12.92	28.34	23.34
31	11.35	10.45	14.75	13.25	28.75	24.17
32	11.45	10.65	14.92	13.59	29.38	25.21
33	11.65	10.90	15.25	14.00	30.21	26.25
34	11.90	11.15	15.67	14.42	31.25	27.71
35	10.21	11.50	16.25	15.00	32.71	29.17
36	10.59	11.85	17.00	15.59	34.59	30.84
37	11.00	10.25	17.84	16.34	36.67	32.50
38	11.50	10.62	18.84	17.09	38.96	34.38
39	12.05	11.05	19.92	17.92	41.67	36.46
40	12.71	11.46	21.25	18.75	44.80	38.55
41	13.42	11.92	22.67	19.67	48.13	40.84
42	14.21	12.34	24.25	20.50	51.46	43.13
43	15.09	12.84	26.00	21.50	55.42	45.63
44	16.05	13.38	27.92	22.59	59.59	48.13
45	17.13	13.96	30.09	23.75	64.59	51.05
46	18.30	14.63	32.42	25.09	70.21	53.96
47	19.59	15.34	35.00	26.50	76.46	57.09
48	21.00	16.09	37.84	28.00	83.34	60.42
49	22.46	16.88	40.75	29.59	90.42	63.75
50	23.96	17.71	43.75	31.25	97.92	67.71
51	25.41	18.59	46.67	33.00	105.21	71.88
52	26.88	19.46	49.59	34.75	112.30	76.25
53	28.46	20.38	52.75	36.59	120.00	81.05
54	30.30	21.38	56.42	38.59	128.96	86.25
55	32.50	22.50	60.84	40.84	139.59	91.67
56	34.96	23.63	65.75	43.09	151.25	97.09
57	37.59	24.71	71.00	45.25	163.75	102.09
58	40.59	25.92	77.00	47.67	177.92	107.92
59	44.17	27.50	84.17	50.84	194.80	115.21
60	48.55	29.59	92.92	55.00	215.63	125.00
61	53.59	32.00	103.00	59.84	239.38	136.46
62	59.09	34.71	114.00	65.25	265.00	149.17
63	65.38	37.84	126.59	71.50	294.59	164.17
64	72.67	41.67	141.17	79.17	329.17	182.50
65	81.25	46.46	158.34	88.75	370.84	205.21
66	91.13	52.17	178.09	100.17	419.17	232.50
67	102.09	58.71	200.00	113.25	473.55	263.55
68	114.17	66.00	224.17	127.84	533.55	298.34
69	127.38	74.05	250.59	143.92	599.17	336.88
70	141.67	82.92	279.17	161.67	670.84	379.17

Other amounts available upon request. Premiums are standard rates based on applicant's age at issuance of policy. Policies are non-cancellable as long as premiums are paid. Premiums may be paid annually, semi-annually, and monthly bank draft only. (A no-cost medical exam may be required depending on age, health, or amount of coverage desired). Policy #80-RCT 79D, SST-10. Level Death Benefit Term to age 90. Premiums are guaranteed level for 10 years. Reentry is available (with evidence of insurability) in ten years. Non-reentry premiums are also available in lieu of reentry. Policies underwritten by The Old Line Life Insurance Company of America, A USLIFE Company, 707 North Eleventh Street, P.O. Box 401, Milwaukee, WI 53201-0401 (414) 271-2820. Established in 1910. Over \$45 Billion Dollars of Life Insurance in Force. Rated A+ (Superior) by A.M. Best Company*. NOT AVAILABLE IN ALL STATES.

Established in 1910
Over \$45 Billion Dollars of Life Insurance in Force
Rated A+ (Superior) by the A.M. Best Company*

For More Information Call:
Local: (919) 954-8144
Toll Free: 1-800-484-8781, ext. 3659

Clip & Return
P.O. Box 18162
Raleigh, NC 27619

APPLICATION REQUEST FORM

The information you provide will be kept in strict confidence.

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
DATE OF BIRTH _____ MALE _____ FEMALE _____
AMT. OF INS. DESIRED _____ TOBACCO _____ NON-TOBACCO _____
HOME PHONE (____) _____ WORK PHONE (____) _____
BENEFICIARY _____ AGE _____

The best time to call is: ☐ Morning ☐ Afternoon ☐ Evening (☐ Work ☐ Home)
I wish to pay my premiums: ☐ Annually ☐ Semi-Annually ☐ Monthly Bank Draft

ADDITIONAL APPLICATION REQUESTED FOR:
NAME _____
DATE OF BIRTH _____ MALE _____ FEMALE _____
AMT. OF INS. DESIRED _____ TOBACCO _____ NON-TOBACCO _____
Comments: _____
☐ I wish to cover my children

Hank's Gardening Guide

by Hank Smith



**Start your
annuals,
root your
houseplants
and cuttings.**



Impatiens

Root houseplants

Winter houseplants of geranium, impatiens, coleus and begonia often become overgrown and leggy by late winter. You can make cuttings of these plants now. Root cuttings in moist sand. Strong root systems will develop before weather warms in the spring. The summer garden will welcome these new plants and the color they bring to outdoor flower beds.

Although February's days are short, there is gardening work to do, such as punning, planting and transplanting, among other projects. If you can work the ground, it's also a good time to start annuals and to root houseplants and cuttings of deciduous shrubs. Nurseries are filled with trees and shrubs adapted to your area. Catalogs from mail-order nurseries and seed houses illustrate a host of plants for your summer vegetable and flower gardens.

Spray for insect control

If you spray fruit and nut trees for insect control, conclude the dormant oil spraying by mid-March. Select a day that is free of wind to make the application. Try to cover all branches and twigs.

Pansy care

Continue to feed pansies with a complete fertilizer such as an 8-8-8 analysis. Apply at the rate of one-half cup per square yard of bed area. Remove faded blooms to encourage new growth and blooms.

Transplanting

If you need to change the location of a tree or shrub because it has become too crowded, or because it is getting too much or too little

sun, or because it is suffering from poor drainage, move it now. All transplanting should be completed this month and by mid-March at the latest.

If you are planting container-grown plants that have become root-bound (roots have spread to the container and have become "coiled" and matted), it is helpful to slice downward through the root system to make several cuts six to 10 inches apart. Cut back into the root mass about six to 10 inches. If possible, use the fingers to "uncoil" roots. Cutting and uncoiling will cause new roots to appear in the spring and give the plant a better chance of healthy growth.

Lawn care

Rake any remaining leaves from the lawn. This prevents damage to the grass. If you have overseeded with ryegrass, continue to mow it. Prepare lawn areas for planting new grass or for reseeding in a few weeks. Make any necessary drainage corrections and fill low areas prior to spring growth.

Prepare the vegetable garden

Begin renewing soil with organic matter. Add a four to five-inch layer, and turn it in eight to 12 inches deep. Organic matter continually breaks down and improves fertility and drainage. Organic matter should be an annual addition to the soil.

Begin raising transplants of crops such as broccoli and cabbage. These can be planted in the garden in six to nine weeks.

Prune pines

Bushy pines are possible if new growth is pruned in late winter or early spring, because new "candle" growth appears at the tips of branches. This growth extends from the bud at the beginning of the growing season. Yearly pruning of this type helps to maintain a compact habit of growth.

Rose bushes

Recently planted roses will benefit from a mound of soil pulled six to eight inches around the plant. This keeps stems moist but alive and ready to begin rapid growth in the spring.

Prune flowering shrubs

Shrubs that bloom after the first of June should be pruned now. Examples include crape myrtle, mallow hibiscus, althea and buddleia. Shrubs that bloom in the spring should be pruned after they have flowered. Remove dead wood from all shrubs, both deciduous and evergreen. Cut away any tall stems of roses.

Starting early

Indoor plantings of fancy-leaf caladium, gloxinia, calla lily and tuberous begonia will produce plants in good growth ready to set out in the garden after all danger of frost is past. Start these in pots or flats of rich soil placed in a sunny window or a warm room. A glassed-in porch or sun room is nearly ideal.

Classifieds

Baby Chicks
FREE CATALOG-WHOLESALE PRICES. Broiler and pedigree Laying Chicks, Turkeys, Ducks, Guineas, Goslings. Reich Poultry Farms, Marietta, PA 17547. Phone (717)-426-3411.

Business Opportunities
NEW! Grow Expensive Plants, 2,000% Profit! Free information. Growbiz, Box 306-NC2, Seminary, MS 38779

ATKINS PRODUCTS. Serving 127 Years. Call Hixie 800-804-8011 or (919)-528-0179.

Cooking & Food
COOKING! Train at home. Learn selection, preparation, serving of appetizing nutritious foods. Free brochure. Call 1-800-326-9221 or write Lifetime Career Schools, Dept: DV0826, 101 Harrison Street, Archbald, 18403.

TIQUE MEATS: Ostrich Meat Available. NC Raised, FDA Approved. Fillets, Steaks, Ground, Etc. Delivery available. (704)-664-0223.

Crafts & Collections
DOLLS! Learn to make, repair, dress and restore at home. Free brochure. Call 1-800-326-9221 or write Lifetime Career Schools, Dept. DV0426, 101 Harrison Street, Archbald, PA 18403.

Education
LEARN FLOWER ARRANGING at home. Fascinating hobby or business. Free brochure. Call 1-800-326-9221 or write Lifetime Career Schools, Dept. DV02X2, 101 Harrison Street, Archbald, PA 18403.

Employment
AVON-EARN \$15 or More Per Hour From Home! 1-800-566-8055.

For Sale
SANDING-BELTS - 3x21 99c each, 4x36 \$2.25, 1x42 \$1.25 - Others Available. RS Wholesale, PO Box 653, Randleman, NC 27317. (910) 495-1386.

Help Wanted
ASSEMBLE SIMPLE CRAFT PRODUCTS AT HOME! Excellent Extra Income! Program Guaranteed! 1-800-377-6000, Ext. 8820.

Insurance
AFFORDABLE HEALTH INSURANCE. Call Today for Information. John Janson 1-800-775-0664.

MILITARY RETIREES. Champus Supplement, Will Pay The 25% Allowed Plus 100% of All Excess Charges. Brochure 1-800-627-2824 Ext. 490

Miscellaneous
DISCOUNT MOVIE STAR BOOKS. Free Catalog. Empire Publishing, Box 717-C Madison, NC 27025. (910) 427-5850.

CAMEO BOLO TIE on Gold Tone Backing. Gold, Silver, Black or Brown Leather Cord. Mail \$12.95 to C&A Enterprises, PO Box 298, Lemon Springs, NC 28355.

OLD TIMEY APPLE TREES. Over 400 Varieties. Call or write 910-351-5326, Route 1, Box 202A, Pinnacle, NC 27043.

Wanted
OWNER FINANCED Mortgage/Trust Note Cash Paid Now! Heritage 1-800-843-2790.

House Brothers
ALL STEEL HOMES.
COMPLETE PACKAGE
Red Iron Framing, Steel
Roof & Siding, Insulation
Windows & Doors



\$16,982
1,485 SQ. FT.

800-278-0888

CAROLINA COUNTRY CLASSIFIEDS
reach more than 345,000
Carolina Country households.

Rates are \$2 per word (\$20 minimum per ad). Maximum 75 words. Phone number is one word. Limit two ads per month per advertiser. Payment must accompany order. No refunds. No discounts. Make checks and money orders payable to Carolina Country.

Ads will be published on a space-available basis. Carolina Country reserves the right to edit and refuse any ad.

Enclose exact ad message with payment. No more than one column-line will be printed in upper-case type (no boldface). Indicate preferred heading and number of months ad should run. All orders must include telephone number, in the event we have questions. No "personals" accepted.

Deadline is the 25th of the month, five weeks before publication. For example, deadline for June is April 25, deadline for September is July 25, deadline for January is November 25. Orders received after deadline will be published the following issue.

For information, call Jennifer Boedart Hoey at (919) 713-1307. No classified ads will be accepted by phone.

Send order, payment and message to Carolina Country Classifieds, P.O. Box 7306, Raleigh, NC 27611.



The Blueridge Mountain...
1,486 square feet of living area
\$29,865*

The sweeping cathedral of the main living area and overlooking balcony combine to make the great room a real centerpiece of spacious and gracious living.



The Original Log Cabin Homes Ltd.
PO Drawer 1457 • 410 N. Pearl Street, Rocky Mount, NC 27802
919/977-7785 • FAX 919/985-2810 • 1-800-56-CABIN

YES! Please send me the New Color Edition of the Log Home Planning Guide with FREE Wood Species samples and a Homestead Planning Guide. Both books are \$15.95 including Shipping.

V/MC/AE _____ Exp. _____

Name _____

Address _____ City _____

State _____ Zip _____ Phone _____

*Basic Package Price • See your LCH Sales Rep. for specific promotion conditions • Prices subject to change without notice ©1996 LCH



Marketplace

HIGH SCHOOL DIPLOMA AT HOME!

Home study. Quality for higher pay, better jobs, and faster advancement. Pick up where you left off. **Free course literature.**

FREE LITERATURE: CALL 800-223-4542



Name _____ Age _____
Address _____ Phone () _____
City/State _____ Zip _____

James Madison High School, Dept. JMB453
6065 Roswell Road, P.O. Box 1, Atlanta, GA 30328

"HEAVY BREED" SPECIAL!

Get big Reds, big Buff White Rocks, & huge Silver Laced Black Giants. Super healthy easy-to-raise chicks for only \$18.95 per hundred plus postage and 1 1/2 cents each packing fee. 50 for \$12.95. Our choice pullets, cks, st. run mixed together as available. Order now! We ship C.O.D. Send name and address, or telephone (717)426-3411.



RED TOP CHICK FARMS
R.D. 1, MARIETTA, PA 17547

2 SEAT BIKE

Drives Like a Car!
Multi-speed
Street Legal
Easy to Pedal
1, 2 & 4 Seater
Cargo Carrier



RHODES CAR

Free Literature
(615) 822-2737 Ext. 8386

America's Oldest & Largest
Rare Breed Hatchery
Free Color Catalog

Over 140 varieties Baby Chicks, Bantams,
Turkeys, Game Birds, Peacocks,
Waterfowl, Guineas, plus Books,
Equipment, Eggs, Incubators & Medicine.



1-800-456-3280 Murray McMurray Hatchery
C 130 Webster City
Iowa 50595-0458
(24 hours a day)

FREE Poultry Catalog Showing
All Kinds of Poultry in Color



Over 70 Varieties. Baby Chicks, Exotic Rare
Breeds, Fighting Games, Guineas, Turkeys,
Peafowl, Bantams, Pheasants. MasterCard &
Visa... Write or call today for your copy of
this year's Big FREE Poultry Catalog in Color.

MARTI POULTRY FARM
Windsor, Missouri 65360
Box 27-35 Telephone - 816 647-3156



**IOF
FORESTERS**

Looking for sales representatives.
Commission-based.
Call (704) 536-0968.

"LAST CHANCE '95 PRICES"

- Financing Available!
- Low Monthly Payments!

Save on
Select Models
25x36 • 30x48
40x62 • 50x120



**STEEL
BLDGs**

SAVE UP TO 50%

Buy factory direct! • Build it yourself!
American Owned • American Operated
CALL TODAY!



1-800-888-4606

CHOIR ROBES

EXPERT TAILORING **\$26.95 UP**



Finest Fabrics including
Permanent Press and Wash &
Wear. Superior Quality. Free Color
Catalog and Fabric Swatches on
Request. *Guaranteed Satisfaction.*
Toll Free 1-800-826-8612

REGENCY
CAP & GOWN CO.

P.O. Box 8988-N
Jacksonville, Florida 32211

GOSPEL PIANISTS & ORGANISTS

Exciting Book
& Cassette



"PLAY GOSPEL SONGS BY
EAR!" Shows how to play and
chord any hymn you've ever
heard—entirely by ear! Find the
right starting note, add chords,
play in easy keys. Book \$7.95.

Cassette gives more explanations & illustrates
how songs sound. Includes chord chart showing
84 chords. Cassette \$7.95. Both \$14.90 ppd.
GUARANTEED! (Specify piano or organ).

DAVIDSON, 6727 C Metcalf, Shawnee Mission, KS 66204

LYRIC CHOIR GOWNS

"Professionally tailored gowns
of lasting beauty."

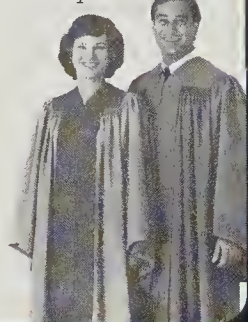
FREE
catalog and
fabric samples.

Since 1955...

LYRIC
CHOIR GOWN CO.

P.O. Box 16954-RP
Jacksonville, FL 32245

CALL TOLL FREE
1-800-847-7977



NURSERY STOCK & SEED

**GROW HALF DOLLAR SIZE
MUSCADINES & BLACKBERRIES.
FREE CATALOG.**

200 varieties fruit, nut trees, vines & berries.
1-800-733-0324

ISON'S NURSERY, Brooks, Georgia 30205

Includes all material, erection,
freight & sales tax
NO HIDDEN EXTRAS!



42'x48'x12'
\$7,688.00

24'x36'x10'
\$3,898.00

Agri-Steel Structures

P.O. Box 1257 • Woodstock, GA 30188
1-800-359-8613

BONUS Chick SPECIAL

100 for \$24.95
25 for \$12.95

50 for \$17.95
plus shipping
charges

Guaranteed all Heavy Breed Meat
Producers. All, day-old chicks delivered
to your door by the postman. Order Now
direct from this ad and get extra Bonus
chicks Free. Write or call for Free color
catalog. Shows over 100 varieties of
chicks, Pheasants, Ducks, Turkeys,
Guineas, Fighters — all in color.

GRAIN BELT HATCHERY

Box 125-17, Windsor, Missouri 65360
Call Now — 816 647-2711

Premier

Building Systems



1-800-882-5150



The more you look, the better we look!

30 x 40 x 10.....\$4,519
40 x 75 x 10.....\$8,594
50 x 100 x 12.....\$13,543
60 x 100 x 12.....15,706
100 x 150 x 14 w/column...\$34,897
All sizes available & mini-storage units,
26 ga., 20 year roof & walls.



1-800-531-6575

• ALL SIZES •

For the Best Deal on Quality Steel

40x60x12.....\$7.97
50x100x14.....\$13.84
60x100x 4.....\$15.87
100x150x16 w/column.....\$32.81

Mini Storage Units Also Available
All 26 gauge, 20-year roof and walls

HERITAGE BUILDING SYSTEMS

800-643-5555

BUILD IT YOURSELF AND SAVE

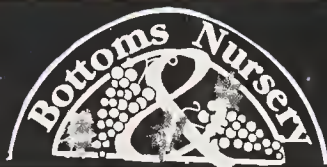
30 x 40 x 10 \$4,459
40 x 60 x 12 \$7,212
50 x 90 x 12 \$11,776
60 x 120 x 12 \$16,884
160 x 200 x 14 \$62,487

Commercial steel buildings featuring easy bolt up
assembly from America's largest distributor. We have
over 10,000 standard sizes of shop, farm, industrial,
commercial and mini-warehouse buildings. All are
complete with engineer stamped permit drawings, 20
year roof and wall rust warranty. Call us today for a
free information package and a quote on our top
quality buildings or building component parts.

Mini Warehouse Sale

\$9,999

20' x 120' with 24 units complete with partitions



Muscadine & Bunch Grapes, Figs,
Rabbiteye Blueberry, Blackberry
& other berry varieties, Fruit Trees.

FREE CATALOG!

360-NC Pullians Road
Concord, GA 30206

(706) 495-5661 or 1-800-368-0385

DESIGNED, CONSTRUCTED AND WARRANTED BY



MORTON BUILDINGS



Call Your Local Design Representative

Lexington, NC (704) 249-0490
Hendersonville, NC (704) 687-7171
Wilson, NC (919) 291-1300

CHURCH PEWS PADDED

by CAMPBELLS



PADDING YOUR
OLD PEWS
FOR ABOUT 1/3
THE COST OF NEW PEWS
"Satisfied Customers Statewide"

- Quality Materials
- Expert Workmanship
- Written Guarantees
- Free Estimates

Call collect
(919) 772-5238
Raleigh, N.C.
Write 4612 Meadow Lake Drive
Apex, N.C. 27502

BUILD A BETTER BUILDING LARGE SAVINGS



- Easy to Assemble
- Quick Delivery
- Built to Last
- Straight Sides
- Trussless
- All Steel
- 20 Year Guarantee

GUARANTEED LOWEST PRICES

20x24 VALUE \$7,884⁰⁰ NOW \$4,097⁰⁰

35x40 VALUE \$12,734⁰⁰ NOW \$6,661⁰⁰

40x44 VALUE \$13,366⁰⁰ NOW \$7,330⁰⁰

Straightwall Models. Freight included to NC, SC and VA

CALL NOW 1-800-474-5259
PIONEER STEEL BUILDINGS - since 1980

Arco



1-800-241-8339

30x40x10.....	\$ 4,194
40x60x12.....	\$ 7,947
50x75x10.....	\$ 10,172
60x100x12.....	\$ 15,750
60x75x12.....	\$ 12,263
50x100x12.....	\$ 13,186
100x100x12 w/column.....	\$ 22,977
100x150x14 w/column.....	\$ 34,981

We will match any deal with Quality Steel!
3300 Holcomb Bridge Rd., Suite 201
Norcross, Georgia 30092

FLORISTRY

Learn Flower Arranging quickly and easily at home!
Design professional arrangements, corsages and specialty displays. Start your own profitable business or hobby. Diploma awarded. **FREE BROCHURE** describes opportunities. No salesmen.

Write or call today! 1-800-326-9221

Lifetime Career Schools, Dept. DVO226
101 Harrison St., Archbald, PA 18403

Accredited Member, Distance Education & Training Council

Animal lovers!

Home study prepares you for great jobs in animal care and veterinary assistance.
Free literature: 800-223-4542

Name _____ Age _____
Address _____ Phone () _____
City/State _____ Zip _____
School of Animal Science, Dept. CCB453
PCDI, 6065 Roswell Road, Atlanta, GA 30328



Country Curtains. Every Window Deserves A Great Curtain!

In our catalog you'll discover just the right answers for your windows... easily and affordably! Hundreds of wonderful ready-made choices, something for every style of home... from colonial to contemporary... coast to coast!



Please Call TODAY For Your
FREE Catalog! 1-800-876-6123

ASK FOR DEPT. 2076

☐ Please send FREE catalog.

NAME _____

ADDRESS _____

CITY _____

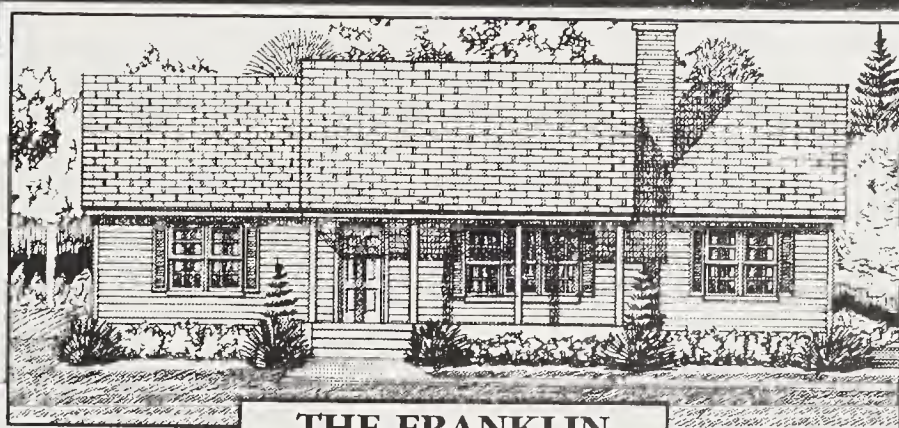
STATE _____ ZIP _____

Country Curtains®

At The Red Lion Inn

Dept. 2076, Stockbridge, MA 01262

Your Land, Our Plans.



THE FRANKLIN

With American Family Homes

- Quality homes affordably priced from the mid \$60s.
- Building on your lot - anywhere in our Carolina markets.
- "Stick built" and completely finished.
- 31 floorplans to choose from.
- 100% financing for qualified landowners.
- Includes allowance for well and septic.
- Get the most home for your money - call 704-568-6884 or 1-800-544-9139 in Charlotte. Call 910-691-1996 or 1-800-896-7922 in Greensboro or mail the coupon!

American Family Homes®

For a free brochure or appointment call or visit our Sales Centers at 6300-C.E. Independence Blvd., Charlotte, NC 28212 or at 2609-B Randleman Rd., Greensboro, NC 27400

Name _____
Address _____
City _____ State _____ Zip _____
I own a lot: Yes _____ No _____ Located in _____ County _____ State _____
Home Phone _____ Work Phone _____

☐ Please send me a FREE American Family Homes Video

CC 296

American Family Homes, Inc. is a wholly owned subsidiary of Interstate General Co. L.P.



An Important Announcement for North Carolina Homeowners With Equity . . .

What would you do with an extra \$300 to \$1000 per month?

How to Get a Fast Mortgage Loan to Pay Off All Your Bills***
(Even if You've Been Turned Down by a Bank or Mortgage Company)

Franklin, North Carolina – Ray and Becky were frustrated. They'd bought the house 12 years ago and it was 5 years old when they moved in. Becky laughed out loud when she thought back to that time. Back then it seemed so big and beautiful. But now, 12 years and 3 kids later the house felt small and run down. The house needed a new roof and her two youngest girls, Emily and Katie, were doubling up in the small 10 by 12 bedroom.

Five years ago, Ray and Becky had a contractor come and talk to them about a new addition. Becky remembered how excited she and Ray both were. They even paid to have the plans drawn up. But that was a year before Ray lost his job at the plant. She poured herself another cup of coffee and recalled how depressed they both were. It was over a year before he got another job. And during that time they got behind on everything.

No Money to Pay for Christmas

They had all but given up on borrowing the money they needed to add a bedroom and family room to the house. And with all the credit card bills they got behind on, they were so strapped for cash every month they couldn't even come up with money for a new bike and skates for the kids Christmas presents. That was what hurt the most. It was either pay the minimum amount to the credit card and furniture company or completely ruin their credit altogether. Bob thought back over the last 10 years wondering where he went wrong. I have to tell you he felt hopeless with no way out of the vicious cycle. You know, getting paid on Friday, sitting down on Saturday to pay the bills and running out of money before all the bills are paid. All the monthly payments were just keeping him and Mary buried with barely enough money each month to cover all the monthly bills. Maybe you know what I'm talking about.

"I Hit A Brick Wall!"

After they got all caught up they tried again to borrow the money for the addition. First they got turned down by the local bank then a mortgage company in town rejected them. They just kept hitting the same brick wall. Even though Ray had gone back to work in another carpet mill making MORE money, the late payments that showed up on his credit reports scared the local banks and mortgage companies away. Ray felt like he was working JUST to pay his monthly bills and doing nothing for himself or Becky and the kids. Then he ran into Harvest Mortgage Company. Harvest helped him get a loan to pay off all his bills and consolidate everything into one single payment that was \$358 lower than he had been making. That saved him a whopping \$4296 per year TAX FREE. In the first year, that was enough money to close in the back porch AND enough left over for new bikes for the kids.

Harvest Can Get Loans From Loan Sources You Don't Even Know Exist!

"When we needed money to consolidate our debts and pay off some old bills, Harvest Mortgage was there when we needed them. We ended up paying off all our bills and rolling them all into one single payment. After we did, our total monthly payments dropped by almost \$400 per month. This has reduced our stress which has made our lives much better."

Billy and Judy S.
Columbus

Recent Loans Include:

- ✓ A \$78,000 loan to a couple in Sugar Grove, North Carolina that saved them \$800 per month in payments. They will save over \$29,000 in the next 3 years.
- ✓ A \$95,000 loan to a homeowner in Western North Carolina who was on permanent disability.
- ✓ A \$35,000 loan to a homeowner near Asheville to complete construction of his home (The borrower couldn't verify his income with tax returns.)
- ✓ A \$95,000 loan that consolidated the homeowner's mortgage and all the rest of his bills into one monthly payment that saved him over \$8,100 per year and a whopping \$124,000 over the loan period.

Home Equity Is the Key

Harvest officials report that the single most important key to their ability to find a loan is whether or not you have enough equity in the property. "Say you have a home valued at \$80,000 with no more than \$48,000 in total mortgage, including any 1st and 2nd mortgages. Then you are a good candidate for one of the many loan programs we offer," says Senior Loan officer Janet Kivi in an interview last week. "In other words, "says Kivi," if you have a minimum of 20% equity or more there's a good chance we can help you either save a lot of money every month by combining old bills and your old mortgage into one newer and much lower payment. Or we can help you get cash money out of your home or investment property to use to buy a vacation house, start a business, whatever."

No Ivory Towers

"When you apply for a loan at Harvest Mortgage, your loan request is reviewed and decided upon by the people right in our offices," says one Harvest executive. He added, "Since we are direct lenders, we don't send the information to some guys off somewhere in New York or California. We review and approve loans right here in town locally."

Fast Approval and Closing

That means we can get your loan closed in a matter of days, and you never have to go out of your living room until you're ready to close."

Loans for Purchase or Refinance

Harvest Mortgage officials report that whether you are buying or refinancing a house, or just looking to consolidate some bills or get cash out of your property, they have credit programs that give you the money you're looking for.

Different loan programs include:

- ✓ Loans to Borrowers with good credit with most competitive rates in the country. These are available for purchasing a new home or refinancing.
- ✓ Loans to borrowers with a lot of equity homeowners who have slow credit or have even been bankrupt.
- ✓ Cash out loans for investment property with a lot of equity.
- ✓ Loans for borrowers who want to do additions or remodel their homes.

Check This Out for Free

To see how much money you may be able to get and exactly how much your payments would be, you can check it out by just picking up the phone and calling us. Be sure to ask for Carolyn Reed at 1-800-972-LEND (5363). Or for a FREE report on how Harvest Mortgage can work for you, call toll free 1-800-876-3406 for a 24-hour recorded message. All of this doesn't cost you a dime, so you owe it to yourself to find out for yourself. Don't put this off. Do it now while you're thinking about it! You've got nothing to lose and everything to gain!

Harvest Mortgage Company Inc. Mortgage Bankers

North Carolina Licensed Lender

1-800-972-LEND
(5363)

***Subject to Qualification



Somehow it is
strengthening to
me to know that
(in grief) we are
only experiencing
that caring and
loving people
have experienced
for centuries...."

Readers share words of comfort for the bereaved

Several readers were inspired to offer comments by phone or by letter in response to the October column about my struggle to find words of comfort for the bereaved.

One Haywood County reader called to say she drew some comfort from the quotes we reprinted when she re-read them after the recent loss of a loved one.

Meanwhile, Frances O. Johnson of Bear Creek wrote to say she enjoys the column each month but found this one "especially meaningful."

"I have always thought a personal note (to the grieving), however expressed, beats Hallmark any day," she said, adding that the Henry van Dyke quote we reprinted — "A Parable of Immortality" — is one of her favorites. She hopes to have it read at her funeral.

Betty Wells Donoghue of Rt. 5, Boone, was also pleased to see the van Dyke quote — an item she was making it a point to save because she'd lost the clipping of it she once had.

"Thank you for publishing the beautiful and comforting thoughts on death," she wrote. "Since you asked readers to send you some favorite messages, I would like to share some brief ones with you. Although these come from Baha'i writings, they are quite universal since the Baha'i faith teaches the progressive revelation and unity of all the major religions."

We're reprinting one of the quotes she enclosed:

A Prayer for the Departed

O God! O thou forgiver of sins! Bestower of gifts! Dispeller of afflictions!
Verily I beseech Thee to forgive the sins of such as have abandoned the physical garment and have ascended to the spiritual world.
O my Lord! Purify them from trespasses, dispel their sorrows, and change their darkness into light. Cause them to enter the garden of happiness, cleanse them with the most pure water, and grant them to behold Thy splendors on the loftiest mount.

— Abdu'l-Baha

Elisabeth St. John of Atlanta thanked me for addressing a subject "most people shy away from: death." She enclosed a quote she sends to the bereaved when it's appropriate: the epitaph from a tombstone dating back to the mid-1700s. The

stone marked the grave of a child in the churchyard of Sheldon Church Ruins, near Beaufort, SC. She said the inscription can be "easily altered to suit the situation — father, mother, or gender of child — and speaks to me deeply."

She added: "Somehow it is strengthening to me to know that we, in our deepest despair and emotions, are only experiencing what caring and loving people have experienced for centuries — perhaps even millennia."

Here's the inscription:

Epitaph for a Child

I'll weep no tears upon the grave,
Where lies my darling, out of sight.
God has but taken what he gave
And made my child a Seraph bright,
He early tastes the promised bliss,
And shall I, can I, weep for this?

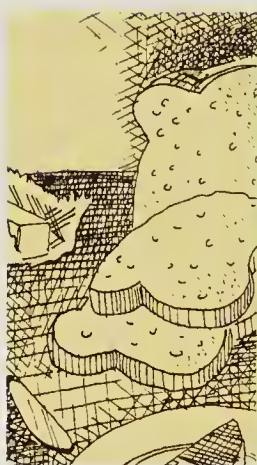
Mrs. Vivian Culbreth of Ramseur shared some of the words of comfort she and her late husband George used when they would visit grieving families. They did it quite often during his career as a Methodist minister, serving churches in Ramseur, Greensboro, Bryson City, Asheville, Stony Point and China Grove.

"George and I always talked before we went, thinking about all the good things we knew about the people. George always wanted me to go with him because I could talk without getting emotional — even if others came to visitations crying and upsetting the family."

Here are several of the couple's favorite comments for these occasions, using the name John to refer to the deceased:

- Those we love never die; your love for John is eternal.
- John's quick smiles left a memory that was unforgettable for all of us.
- John always looked for the best in others. (Tell a story illustrating this point.)
- John loved everybody and everybody loved him.
- Remember the good things John did and he's still with you.
- The things John did with and for us became a part of our life, strengthening our love.
- Love gives itself. It is not bought. John gave his love.

Country Kitchen



DELICIOUS CRABCAKES

Submitted by Mrs. Barbara K. Lilley, Washington

1 pound freshly picked-boiled crabmeat

1½ teaspoons Old Bay

Crab Seasoning

1 small onion, finely chopped

1 small bell pepper, finely chopped

2 eggs

½ cup Stove Top Stuffing

½ cup grated cheddar cheese



Mix everything together with the cheese on top. Make small cakes and fry slowly in a little vegetable oil until beautifully brown. Remove from pan while cheese is piping out of the crabcakes. This is truly one of the most delightful seafood dishes I've ever had.

Use North Carolina crabmeat.

Want to share recipes?

If you would like to share a recipe with Country Kitchen, send it to Recipes, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.

We pay \$5 for recipes we publish and present each monthly winner set of 50 recipe cards featuring a reprint of the published recipe.

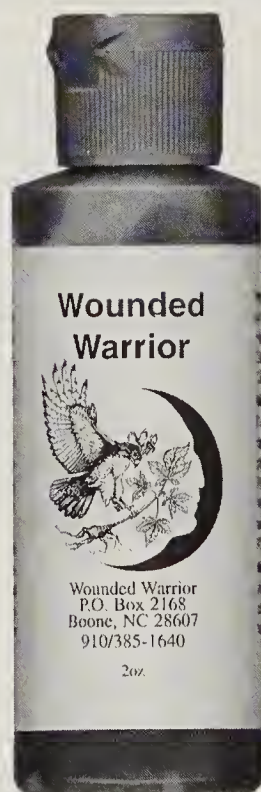
Mothers and Wives

do your children and husbands get hurt?

Would you like a First Aid ointment made from fresh herbs? Want it to heal the skin and soothe the pain naturally? Would you like one ointment for a variety of skin conditions? The answer to these questions is Wounded Warrior. Use Wounded Warrior! If you don't agree that it is effective and worth the money, we will reimburse you in full.

To order your bottle of Wounded Warrior call 800-232-7713 and have your Visa or MasterCard ready. You may write to Wounded Warrior, PO Box 2168, Boone, NC 28607. Include a check for \$9.99.

A Homeopathic Formula!



From page 27

Answers to "Dial M"

SAMPSON

PAMLICO

FORSYTH

ROBESON

HALIFAX

JACKSON

LINCOLN

CATAWBA

IREDELL

MADISON

BIG! SAVINGS

SPRING GARDEN SPECTACULAR!

Our Most Popular Plants At Low, Low Prices!

**30 FREE
BONUS BULBS!**
AND A SURPRISE FREE GIFT!

PP-S96



Mosquito Repellent Plant

**ONLY \$4.99
ea.**

When You
Buy Three

Get away from those foul-smelling sprays, greasy
oils and other expensive repellents. Just a couple of Mosquito
Repellent Plants will keep your home mosquito-free! This incredible plant
has a scent that people love – but mosquitoes can't stand! So rid
yourself of these pests once and for all! 2-1/4" pot.



1,000,000 Wildflowers!!

Thousands of Blooms for just **\$12.95**

This special Wildflower Sack™ contains **MORE THAN HALF A MIL-
LION COLORFUL WILDFLOWER SEEDS!** Just a few weeks after
planting, these bloom-crazy flowers will transform any bare spot
in your garden you can be proud of. You get enough seed to turn a 500
sq. ft. area from dull to dazzling! 15 varieties in all. Order today and
enjoy colorful, carefree beauty at its best!

- A. Creeping Phlox (12 plants)
- B. Sweet William (5 plants)
- C. Hibiscus, Mixed (3 plants)
- D. Mixed Carnations (5 plants)
- E. Shasta Daisy (5 plants)
- Total number of plants: 30
- Approximate
planting time:
1 hour



**SPECIAL
BUY!**

Perennial Starter Garden **\$9.99**

A fail-proof perennial garden for only \$9.99!
Perfect for beginners!

30 Hardy Perennials

If you've admired other people's perennial gardens, yet thought it might be com-
plicated or expensive to put together such a garden of your own, here's great
news. This big 9' x 6' Perennial Starter Garden will get you off to a sure-fire
start! Our professional designers created this delightful bed using 30 of the easi-
est-to-grow perennial plants — for guaranteed success in your yard. Plant in full
sun. You'll have glorious blooms every year for decades to come. 1-year-old
plants. **FREE Planting Guide and Diagram Included with Every Order.**

SUN-LOVING GROUND COVERS FOR TROUBLE SPOTS



**FLORAL
BEAUTY**

◀ Creeping Phlox

12 FOR ONLY \$4.99

Say goodbye to all those
hard-to-mow areas of your yard! This
low-growing mat of tufted green
spreads vigorously to cover even the
most troublesome areas of your yard.
In late spring, the foliage gives way
to a thick blanket of ankle-high flow-
ers in rose-purple, vivid blue and
snowy white. 12 plants cover 20
square feet. Order yours today! 1-
year-old plants.

Creeping Myrtle ▶

20 FOR ONLY \$4.49

Just one unattractive
problem area can put your yard in a
"beauty drought." Flood those trouble
spots with the carefree color of
Creeping Myrtle! Evergreen foliage
provides year 'round color, and thou-
sands of violet blooms steal the show
every spring. It thrives in any light and
even the worst soil! 20 plants cover 40
sq. ft. Order now! 1-year-old plants.

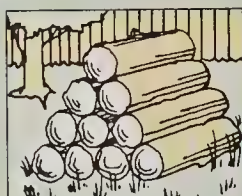




50-Piece Bulb Garden

50 healthy flowering bulbs for only \$4.95? Guaranteed to bloom this summer? YES! This value-packed bulb sampler lets you try Anemones, Garden Gloxinias, Blazing Stars, Hybrid Lilies, Glads and Freesias at no risk! What an outstanding combination of colors and bloom times! Order today!

ONLY
\$4.95



FIREWOOD



SHADE



WINDBREAK

5 YEAR
OLD TREE!



USDA
RECOMMENDED!

BEST
BUY!

Hybrid Poplar

As Low As 3 For

The World's Fastest Growing Tree!

\$7.99

Transform your yard from sun-baked to shady in just a few short seasons with one of the fastest-growing trees around! Hardy Hybrid Poplars shoot up 4'-8' every year! They grow up to 30' tall in 5 years and up to 75' tall at maturity! They're ideal shade trees, windbreaks and a fast source of firewood. You won't find a tree that's any easier to grow, either. With all these advantages, why any longer for the perfect tree? Order Hybrid Poplars today!

FREE Planting Guide Included with Every Order.



BEST
BUY!

Less Than
20¢
Per Foot!



CARDINAL
SHRUB

FORSYTHIA

ROSE OF
SHARON

WHITE SPIREA

PINK SPIREA

50-ft. Flowering Fence

15 flowering
shrubs for only

\$9.99

No wooden fence can compare with the Flowering Fence! Enjoy colorful blooms, privacy and reduced noise. Makes your yard look like a million for less than 20¢ per foot! You get 3 each of these 5 shrubs: **Cardinal Shrub** features rosy-pink flowers. **Forsythia's** yellow blooms are favorites. **Rose of Sharon** boasts fragrant pink flowers. **White Spirea's** flowers are so thick they almost cover the branches. And **Pink Spirea** shows off dainty pink blooms. Just plant in a sunny location. These 12" to 18" plants thrive in almost any soil. Blooms spring to fall. Prune as needed to maintain desired height.

The Best Guarantee In the Business!

LIFETIME GUARANTEE

If you're not happy with any item you order from us, simply return it within 15 days for a full refund or replacement, whichever you prefer. What's more, any items that do not grow and flourish to your complete satisfaction will be replaced FREE - with no time limit - for as long as you garden.

PRINTED IN U.S.A.

MICHIGAN BULB COMPANY
1950 WALDORF N.W., GRAND RAPIDS, MI 49550

YES! Please send my order as indicated for spring delivery. Include all FREE bonus items to which I am entitled. All items covered by your no-risk LIFETIME GUARANTEE.

MISS
MS.
MR.
MRS.

Please Print

PP 6113

ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOW MANY	CAT. NO.	ITEM	CO
	06411	Mosquito Repellent Plant (3/\$14.97 - 6/\$27.94)	
	02170	Perennial Starter Garden (\$9.99 ea. - 2/\$18.98)	
	20644	500,000 Wildflowers (\$12.95 ea. - 2/\$23.90)	
	02717	Creeping Phlox (12/\$4.99 ea.-24/\$8.98-48/\$16.96)	
	02758	Creeping Myrtle (20/\$4.49 - 20/\$7.48 - 80/\$14.48)	
	07419	50-Piece Bulb Garden (\$4.95 ea.)	
	03558	Hybrid Poplar 2'-3' (3/\$7.99 - 6/\$12.98)	
	03541	Hybrid Poplar 3'-4' (3/\$9.99 - 6/\$17.50)	
	03426	Flowering Fence (\$9.99 ea. - 2/\$17.98)	
10	FREE	Oxalis with any order.	0.
12	FREE	Mixed Gladiolus if your order totals \$10.00.	0
8	FREE	Ranunculus (plus 12 Mixed Gladiolus) if your order totals \$20.00.	0
1	FREE	Surprise FREE Gift - A \$5.00 Value (plus 12 Mixed Gladiolus and 8 Ranunculus) if order totals \$30.00.	0

☐ Payment enclosed. ☐ Bill on my credit card below.

☐ MasterCard ☐ VISA ☐ American Express ☐ Discover

Credit Card #

Exp. Date

Exp. Date

Subtotal

\$

Postage & handling

SALES TAX:

MI add 6%

TN add 8.25%

MO add 5.725%

Grand Total

\$

MAIL THIS MONEY-SAVING COUPON TODAY